

COACHES & TEAM
LEADERS' PRE-SEASON
INFORMATION MEETING

SEPTEMBER 3RD, 2025







AGENDA

Welcome and introduction



- Main changes to formats, schedule, points for season 2025/26
- Guidance to the Racing Rules 2025/26
- Olympic Qualifying Events and Qualification System
- Milano Cortina Olympic Winter Games 2026
- > ORS info to prepare for the season
- New process for Rule Proposals following the decisions at the ISU Extraordinary Congress & upcoming 2026 Congress
- > Q & A

In this seminar we have present:



ISU Vice-President: Mr. Tron Espeli

Sports Technical Director Speed Skating
ISU Event Director Short Track Speed Skating: Mr. Hugo Herrnhof

ISU Sports Coordinator: Mrs. Eszter Borsodi

Technical Committee Chair & Members:

Nathalie Lambert Wim de Deyne Kim So Hee Reinier Oostheim Christoph Milz Charlotte Upcott

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1. World Tour & Olympic Qualifier Events:

- 2 qualification days
- Top 20 Prequalified for Heats (500m, 1000m)/Quarter (1500)
- No relays on Saturday & Sunday AM
- Repechage open to every Skaters (except PEN or DNS)
- > There will be C Finals for the relays (on the qualification days)
- ➤ The main program schedule will not be the same for all 4 World Tour Events
- Intermediate distance classification



1. World Tour & Olympic Qualifier Events Main Program:

World Tour	Individual Distances	for Women and Men	Dolovis (Dov. 7 and Dov. 4)	
vvoria rour	Day 3	Day 4	Relays (Day 3 and Day 4)	
Montreal	Men 500m Women 1000m	Women 500m Men 1000m	Women 3000m (Day 3) Men 5000m	
Montreal (2)	Men 1500m	Women 1500m	Mixed Team 2000m	
Gdansk	Men 1500m Women 1000m Men 500m	Women 1500m Men 1000m Women 500m	Women 3000m (Day 3) Men 5000m	
Dordrecht	Men 300m	Wolfiell 500III	Mixed Team 2000m	



World Tour & Olympic Qualifier Events Qualification Days:

		The second			
		Thursday			
		World Tour 1 8	& 2		
Women	1000m	Prel.	W	9	00:36:00
Men	500m	Prel.	М	13	00:39:00
		ICE			00:15:00
Women	1000m	Heats	W	8	00:32:00
Men	1500m	Heats	М	10	01:00:00
		Lunch Break			01:00:00
Men	500m	Heats	M	8	00:24:00
Women	3000m	QF	W	4	00:32:00
	_	ICE			00:15:00
Men	1500m	QF	M	6	00:36:00
Women	1000m	Rep Heats/Rep QF	W	8	00:32:00
		ICE			_ 00:15:00
Mixed	2000m	QF	Mixed	4	00:26:00
		ICE			00:15:00
Men	500m	Rep Heats	М	14	00:42:00
Women	3000m	Final C	W	1	00:08:00
				85	08:07:00
			Men	51	
			Women	30	



World Tour & Olympic Qualifier Events Qualification Days:

		Friday			•
		World Tour 1 8	& 2		
Women	500m	Prel.	W	9	00:27:00
Men	1000m	Prel.	M	13	00:52:00
		ICE			00:15:00
Women	1500m	Heats	W	7	00:42:00
Men	1000m	Heats	M	8	00:32:00
	_	Lunch Break			01:00:00
Women	500m	Heats	W	8	00:24:00
Men	5000m	QF	M	4	00:36:00
		ICE			00:15:00
Women	1500m	QF	W	6	00:36:00
Men	1000m	Rep Heats	M	12	00:48:00
		ICE			00:15:00
Mixed	2000m	SF	Mixed	2	00:13:00
Mixed	2000m	Final C	Mixed	1	00:06:30
	_	ICE			00:15:00
Women	500m	Rep Heats/Rep QF	W	10	00:30:00
Men	5000m	Final C	M	1	00:09:00
				81	07:55:30
			Men	38	
			Women	31	



World Tour & Olympic Qualifier Events Qualification Days:

				World	Tour 1&2 N	Morning I	Program		•		
		Saturda	У					Sunday	,		
Men	500m	Rep. QF	M	4	00:12:00	Women	500m	Rep. QF/cancel	W	4	00:12:00
Women	1000m	Rep. QF/cancel	W	4	00:16:00	Men	1000m	Rep. QF	M	4	00:16:00
Men	500m	Rep. SF	M	2	00:06:00	Women	500m	Rep. SF	W	2	00:06:00
		ICE			00:15:00			ICE			00:15:00
Women	1000m	Rep. SF	W	2	00:08:00	Men	1000m	Rep. SF	М	2	00:08:00
Men	1500m	Rep. QF	M	10	01:00:00	Women	1500m	Rep. QF	W	7	00:42:00
		ICE			00:15:00			ICE			00:15:00
Men	1500m	Rep. SF	M	2	00:12:00	Women	1500m	Rep. SF	W	2	00:12:00
				24	02:24:00					21	02:06:00
			Man	18					Mon	6	
			Men						Men		
			Women	6					Women	15	



SEEDING FOR EACH EVENTS FOR THE TOP 20:

World Tour		Se	eas	on	202	24/	25				sor 5/2	
			2	3	4	5	6		1	2	3	4
1	Montreal	X	X	X	X	X	X	-				
2	Montreal						X		X			
3	Gdansk								X	X		
4	Dordrecht								X	X	X	

If there are less than 20 Skaters with World Tour Points entered in a distance, the next best Skaters, using the World Ranking points from the same events listed in the table above, entered in that distance, will be added until 20 Skaters will be included. If there is a tie for the 20th place, the latest results in the season will be used as a tie breaker.



INTERMEDIATE DISTANCE CLASSIFICATION:

To create the Intermediate Distance Classification for the process of ranking Skaters for seeding purposes between the various rounds of qualifications:

- > Only the results of the previous round in the distance, position and time, will be used to rank the Skaters. Skaters will be ranked first by position and then by time. If there is a tie on time, then there will be a draw conducted to split the tie and complete the Classification.
- ➤ In the case of prequalified Skaters competing for the first time in the distance, they will be ranked first, according to the World Ranking List, followed by all other qualified Skaters based on their results from the previous qualifying round as per Rule 297, paragraph 2).
- > In the first round after the Repechage, Skaters who qualified directly without competing in Repechage rounds including advancements will be ranked first, and then Skaters who qualified via Repechage rounds.



POINT SYSTEM FOR WORLD TOUR CLASSIFICATION & CRYSTAL GLOBE: (same as last year)

Classification	Individual Points	Relay Points
1	100	300
2	80	240
3	70	210
4	60	180
5	50	150
6	44	132
7	40	120
8	36	108
9	32	96
10	28	84
11	24	72
12	20	60

Classification	Individual Points	Relay Points
13	18	54
14	16	48
15	14	42
16	12	36
17	10	30
18	8	24
19	6	18
20	5	15
21	4	12
22	3	9
23	2	6
24	1	3



POINT SYSTEM FOR WORLD RANKING & SPECIAL OLYMPIC QUALIFYING CLASSIFICATION: (same as last year & OWG

2022)

Rank	Points
1	10000
2	8500
2 3	7225
4	6141
5	5220
6	4437
7	3771
8	3206
9	2725
10	2316
11	1969
12	1673
13	1422
14	1209
15	1028
16	874
17	743
18	631
19	536
20	456
21	410
22	369
23	332

Rank	Points
24	299
25	269
26	242
27	218
28	196
29	177
30	159
31	143
	1
32	129
33	116
34	104
35	94
36	84
37	76
38	68
39	62
40	55
41	50
42	45
43	40
44	36
45	33
46	29

Rank	Points
47	27
48	24
49	21
50	19
51	18
52	17
53	16
54	15
55	14
56	13
57	12
58	11
59	10
60	9
61	8
62	7
63	
64	6 5
65	4
66	4 3
67	2
	1
68*	

^{*} Skaters ranked 68th and beyond in the distance classification will also receive 1 point



WORLD TOUR & CRYSTAL GLOBE CLASSIFICATIONS:

- > FOR WORLD TOUR DISTANCE CLASSIFICATIONS:
 - **▶ BEST ¾ WILL COUNT**
- > FOR CRYSTAL GLOBE:
 - **BEST 9/12 RESULTS WILL COUNT**
- > FOR THE TEAM CRYSTAL GLOBE: (Same as last year)
 - > ALL RESULTS WILL COUNT



EXTRA SAFETY MEASURES:

The ISU will also do random checks to inspect the equipment of Skaters at other ISU Events during the season.

Cut Resistant Racing Suits must cover properly and entirely the neck. Skaters with inadequate neck protection will be required to wear an extra neck protector or will not be allowed to start.



Entry for Mixed Team Relay:

Mixed Team Relay entries: one (1) Team per ISU Member, consisting of a minimum of two (2) Women and two (2) Men, and a maximum of four (4) Women and four (4) Men.

- Confirmed Distance Entry can include up to six (6) Women and six (6) Men.
- > Maximum of four (4) and four (4) can participate in the various rounds.



Junior World Cup in Astana:

> 3 X 500m, 3 X 1000m, 2 X 1500m

Junior World Cup		nces for Women Men	Relays (Day 2 and Day
	Day 2	Day 3	3)
1	1000m (1), 1500m	500m, 1000m (2)	3000m for Women & Men, 2000m for Mixed Team
2	500m (1), 1500m	500m (2), 1000m	3000m for Women & Men, 2000m for Mixed Team



Junior World Cup in Astana:

- Every Skater eliminated outside of main program is guaranteed 3 races /distance (unless there is a PEN)
- > Skaters will all move on to Repechage
- > Skaters eliminated in 1st round of Repechage will race a Ranking Final
- Skaters not participating in the Ranking Finals Block will be ranked after Skaters who took part



JUNIOR WORLD CUP IN ASTANA:

- > Overall Distance classification: every race counts
- > Same points system as for the senior events: From 100-1
- > 3 days program
- Main programs like the former Senior World Cup
- Skaters are split between distances and can participate in only
 1 distance on each main program
- Regular and Mixed Team relays are happening
- World Cup # 2 is Thursday , Friday, Saturday



ISU CHAMPIONSHIPS:

- No changes to the schedule for Championships from season 2025 except for Junior World Championships
- Junior World Championships main program becomes like the Senior ones
- > Junior World Championships remains a 4 days program
- No 4 Continents Championships

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Guidance to the Racing Rules.

As per rule 295 paragraph 2 c





Communication 2738 has been published in July

- > This is a MUST READ document for every COACH and strongly recommended for other TEAM OFFICIALS.
- ➤ It is also strongly recommended that COACHES access the eRink PowerPoint version and share it with their SKATERS
- > It seems still today many SKATERS are not aware of the existence of the GUIDANCE or have never seen it.
- Today we will not go over the whole Guidance in details, but you MUST go back and read it completely with the animations & video examples as soon as possible so you can prepare your SKATERS



Basic Guiding principle in Short Track

The general racing rule is that the Skaters/Relay Teams by their way of skating shall contribute to the honest sporting and safe progress of the race in order to determine the result of the race on its merits.

"The race has to be won on its merit" is at the base of all racing rules as the number one priority and all basic rules are created to support this principle and of course the safety of the Skaters.



GUIDANCE TO THE RACING RULES 2025

This PowerPoint has been prepared to provide Coaches, Team Officials and Skaters a usable version with illustrated and video examples. It can be downloaded and used for Seminars and Workshops.

All changes and added parts compared to the previous version (2024-25) have been <u>underlined</u> for easy tracking.

The following sections contain changes:

- 1.6 Addition of embellishment in sport*
- 1.10 Clarification of when a lane change is allowed
- 1.11 Clarification of achieving a level position
- 1.13 Addition of Embellishment* to SR
- 2.1 Addition of DNF code
- 2.2.1 Replacement of waist with hips
- 2.2.1 S6 addition of skating a regular track
- 2.2.1 S7 addition of skating a regular track
- 2.2.2 Replacement of waist with hips
- 2.2.2 C2 addition of skating a regular track
- 2.2.4 Replacement of waist with hips
- 2.2.5 Addition of DNF code
- 2.2.5 Explanation of DNF code
- 2.2.6 R6 addition of responsibility on all teams to correctly

line up

Main Definitions Contact



Section 1.4 Main definitions

Guidance 2025/26

A contact can be made by the blades, hands, arms, torso, hips of a Skater directly (or sometimes indirectly) towards another Skater.

The Skater responsible can create the **contact** directly or sometimes by his action, can cause an indirect contact or unfair situation to another Skater.

For a **contact** to lead to a Sanction, it must be clear and also have an impact on the race of the other Skater/Team.

Generally, it also needs to be the responsibility of one Skater and not 2 or more Skaters doing simultaneous actions which collectively lead to the contact.

In the guidance, we are identifying different types of actions that can create contacts. For example: Lateral Moves, Arm Block, Arm Push, Clicks of Blades, etc.

Main Definitions

Concept of Clear and Obvious for race situations

When making a decision to give a sanction or making a decision to review a race situation, the Referees must use 2 core principles.

In their judgement, the action that they have seen live (or in the video review) must be both:

- Clear
- Obvious

In other words what they see must be easy to perceive, understand, easy to interpret, leaving no doubt.



Section 1.6 Main definitions

Guidance 2025/26

Rule 296 para 1 a): "Only racing incidents that are not in line with the principles of the general racing rule, as specified in Rule 295, may result in sanctions".

Main Definitions Concept of Clear and Obvious for race situations



Section 1.6 Main definitions

Guidance 2025/26

If a race situation is not Clear & Obvious after reviewing in regular speed and slow motion, the Referee will either decide that there is No Call (no Penalty) or decide that it is not possible to determine which of the 2 or more Skaters were responsible for exactly what and give Shared Responsibility to Skaters involved.

The consequence (the impact on the race) of the action must also be Clear and Obvious.

What has a significant impact on the outcome of the race in the last lap might not have any significance in the first few laps.

The Referee must take this into consideration.

Race situations that have absolutely no consequences on the results of the "race being won on its merit", do not need to be reviewed.

Main Definitions Clear and Obvious

Clear and Obvious for race situations

isu

Section 1.6 Main definitions

Guidance 2025/26

The consequence (the impact on the race) of the action must also be Clear and Obvious.

For that purpose, as a guideline, it is generally considered that actions have the potential to have a significant impact on the race if there is:

- a fall, (at any time)
- a big loss of speed,
- a loss of one or more positions close to the end of the race.

Race situations that have absolutely no consequences on the results of the "race being won on its merit", do not need to be reviewed.

Main Definitions

Concept of Clear and Obvious for race situations



Section 1.6 Main definitions

Guidance 2025/26

Embellishment in Sport

When considering the consequences on the race, the Referee must assess the behavior of all Skaters. In presence of Embellishment*, the Referee can decide that there will be no Penalty or give a Shared Responsibility.

*Embellishment in sport refers to the act of exaggerating or feigning the effects of a contact or an infraction in order to draw a Penalty or manipulate Referees. Outcomes perceived as being exaggerated or significantly amplified by Skaters will not be considered as significant outcomes.

Race situations that have absolutely no consequences on the results of the "race being won on its merit", do not need to be reviewed.

Main Definitions Sanctions



Section 1.7 Main definitions

Guidance 2025/26

Only racing incidents that are not in line with the principles of the general racing rule may result in sanctions.

Skaters/Teams must follow the Racing Rules and not impede the race of other Skaters/Teams.

For example, illegally changing lanes, blocking, pushing, not giving way when there is a priority of passage, relay infringements, going off track to gain an unfair advantage, are all actions that can lead to a Sanction when creating a contact or having an impact on another Skater/ Team's race.

There are **3 Levels of Sanctions**

Main Definitions Click of Blades



Section 1.8 Main definitions

Guidance 2025/26

1 In the Straight, when 2 Skaters are Level, a click of blade resulting from both of them pushing at the same time is a race incident that doesn't lead to a Penalty for any of them unless, one of them makes an exceptional skating move.

If they are both "equally" responsible for the contact, then it falls in the category of a race incident and there are no sanctions and no advancements.

(2) In the cases where the responsibility is more heavily based on one Skater/Team, and they are in direct qualifying position when the incident happens, an Advancement can be given to the Skater/Team with the lesser responsibility in case of a clear and obvious impact on the race.

If "equally responsible" and both of them fall, no Advancements are given.

Main Definitions - Track division



Section 1.9

Main definitions

Guidance 2025/26

Race incidents and infringements that can lead to Sanctions

What Skaters are allowed and not allowed to do, is dependent on where they are positioned on the track.

The track is divided in 2 main areas:

In the Straight and Corner; and this is repeated for each side.

For the Straight, we have 2 zones: The Straight and the End of Straight.

The Straight begins at the last block of the corner until approximately 3 meters before the 1st block of the following corner, and the End of Straight Zone follows until the 2nd block.

Note that the distance of 3 meters is not being measured but estimated.

Main Definitions – Lane Change



Section 1.10 Main definitions

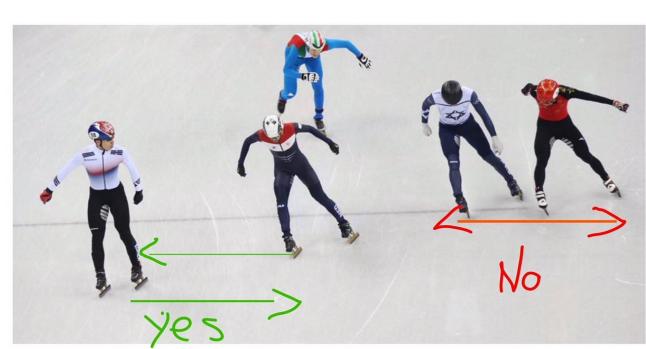
Guidance 2025/26

Lane Change refers to lateral moves that the Skaters will do to protect their position or to attempt a pass.

Lane change is allowed in the Straight zone ONLY AND ONLY if the hips of the Skater are ahead of the shoulders of the other Skater.

Lane change (lateral move) causing contact is not allowed anymore when another Skaters' shoulders have reached the hips of the Skaters.

Lane changes are not allowed during Relay exchanges.



Main Definitions – Lane Change



Graphic demonstrating when Lane Change is and isn't allowed in the straight zone

Main Definitions - Level Position



Section 1.11 Main definitions

Guidance 2025/26

A Level position is when the Skater passing has succeeded in coming side by side with the Skater being passed at any point in the straight zone (before the end of straight zone). From then on, if any of the Skaters concerned gains speed, he/she becomes the passing Skater.

The definition of "side by side" is when the skates and hips look equal on a virtual perpendicular line. It is not possible to measure "side by side" perfectly and therefore one Skater could be slightly in front or behind and still be considered equal.

Note: If the passing Skater is always a little behind, he has not succeeded to make it to Level position. It is the responsibility of the Skater passing to ensure being level.

Main Definitions – Principle of Priority



Section 1.12 Main definitions

Guidance 2025/26

The lead Skater always have priority except when clearly defined under the codes as shown in section 2 below.

For example, when another Skater has achieved a Level position in the Straight, or when going extremely wide in the end of straight, etc.

Main Definitions - Shared Responsibility



Section 1.13 Main definitions

Guidance 2025/26

If a contact/situation is created by the simultaneous actions of two Skaters or more, the effect of the contact/situation is minor and has no impact on the result of the race, i.e. the results of the race remain to be determined on its merits, the Referee may decide the contact is caused by a Shared Responsibility resulting in no Penalty given to any of the Skaters.

In presence of a minor contact that appears more severe due to Embellishment* the Referee may decide to give a Shared Responsibility.

If the action is severe, i.e. has an obvious impact on the result of the race, both Skaters may get a Penalty

Guidance and ParametersSummary List of the Codes



Section 2.1 Guidance & Parameters

Guidance 2025/26

code								
PEN	PENALTY to Skater or Team		Infringements at the Start Start line to 7th block					
YC-B	YELLOW CARD for Dangerous Behavior	ST1	At the Start Lane Change from Outside to In					
YC-2	Yellow Card for 2 Penalties in a single race	ST2	At the Start Lane Change from Inside to Out					
YC-LAP	Yellow Card for Impeding the Race	ST3	At the Start Arm Block					
RC-B	Red Card for extremely dangerous behavior	ST4	At the Start Arm Push					
RC-COC	Red Card for Breach of Code of Conduct	ST5	At the Start Contact from behind					
RC-LAP	Red Card for Impeding the Race	ST6	At the Start False Starts					
ADV	Advancements		Infringements at the Finish Last block to finish line					
		F1	At the Finish Lane Change from Outside to In					
	Infringements in the straight 7th block to 2nd block	F2	At the Finish Lane Change from Inside to Out					
S1	In the Straight Lane Change from Outside to In	F3	At the Finish Arm Block					
S2	In the Straight Lane Change from Inside to Out	F4	At the Finish Arm Push					
S3	In the Straight Arm Block	F5	At the Finish Contact from behind					
S4	In the Straight Arm Push	F6	At the Finish Kicking Out at Finish Line					
S5	In the Straight Contact from behind							
S6	End of Straight Illegal Late Pass		Others:					
S7	End of Straight Illegal Opening and Closing	OFF	Off Track					
S8	End of Straight Inside Skater Failure to Give Way	EQP	Equipment Violation					
S9	End of Straight Outside Skater Not Giving Space	ASS	Assistance					
		SR	No penalty - Shared Responsibility					
	Infringements in the corner 2nd block to 7th block	DNF	Failing to cross the Finish Line					
C1	In the Corner Lane Change from Outside to In							
C2	In the Corner Lane Change from Inside to Out		Specific to Relay:					
C3	In the Corner Arm Block	R1	Missed Relay Touch					
C4	In the Corner Arm Push	R2	Illegal Relay					
C5	In the Corner Contact from behind	R3	Blocking in the Infield					
		R4	Inactive Skater on the track causing Obstruction					
		R5	Lane Change during Exchange causing Contact/Obstruction					
		R6	Leg Blocking during Exchanges					
		R7	Impeding the Race Entering or Exiting for an Exchange					



Section 2.2.1 Guidance & Parameters

Guidance 2025/26

S1: In the Straight | Lane Change | from Outside to In

The outside Skater can move towards the inside freely only if the Skater is in the lead (hips in front of shoulders).

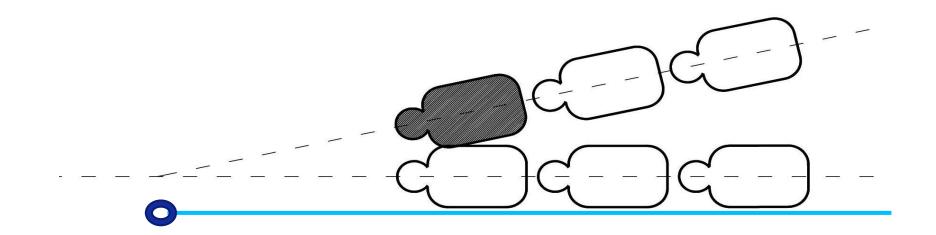
If the Skater does not have the <u>hips</u> in front of the shoulders of another Skater, and he moves towards the inside and causes a contact, the Skater may get a Penalty for S1.



Section 2.2.1 Guidance & Parameters

Guidance 2025/26

S1: In the Straight | Lane Change | from Outside to In





Section 2.2.1 Guidance & Parameters

Guidance 2025/26

S2: In the Straight | Lane Change | from Inside to Out

The inside Skater can move towards the outside freely only if he/she is in the lead (hips in front of shoulders). If the Skater does not have the hips in front of the shoulders of another Skater and moves towards the outside and causes a contact, the Skater may get a Penalty for S2.

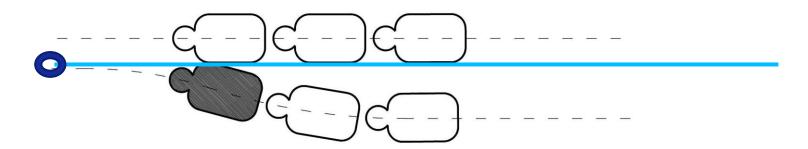
If the 2 Skaters are still side by side towards the end of the Straight and the inside Skater is inside the colored line and cannot come back out before the corner entry without a lateral outside move causing a contact, then that Skater is responsible for the collision and may get a Penalty for S2.



Section 2.2.1 Guidance & Parameters

Guidance 2025/26

S2: In the Straight | Lane Change | from Inside to Out





Section 2.2.1 Guidance & Parameters

Guidance 2025/26

S6: End of Straight | Illegal Late Pass

At the end of the Straight, there is a specific transition zone that we call the End of Straight.

For that specific zone, if a Skater is in the lead, then that Skater has priority when skating a regular track pattern. A passing Skater shall not move from behind and claim "LEVEL" in that zone.

If a Skater is behind entering the End of Straight zone and decides to make a pass at that moment, then the overtaking Skater is responsible for the pass and needs to make it to the front without causing contact.

Skaters making last minute End of Straight passes causing contact may get a Penalty for S6.



Section 2.2.1 Guidance & Parameters

Guidance 2025/26

S7: End of Straight | Illegal Opening and Closing

At the end of the Straight, there is a specific transition zone that we call the End of Straight.

For that specific zone, if a Skater is in the lead, then that Skater has priority when skating a regular track pattern.

If the leading Skater takes a deep or wide track in that zone (by going laterally to the right or extending the straight), creating a big opening then that Skater may lose his priority to the Corner and cannot come back and create a contact.

He/she is required to keep his/her track and stay outside until the end of the corner or until there is a space big enough to move to the inside without causing contact. Skaters setting up exceptionally wide or deep-in entering the corner also shall not come back and cause a contact.

A leading Skater <u>creating a contact when taking or returning from a deep or wide track in that zone</u> may get a penalty for S7.



Section 2.2.1 Guidance & Parameters

Guidance 2025/26

S8: End of Straight | Inside Skater Failure to Give Way

If the inside Skater passing in the straight never makes it to Level, the passing skater does not have the right of way at the End of Straight and is responsible if there is a contact and the lead Skater loses speed or position.

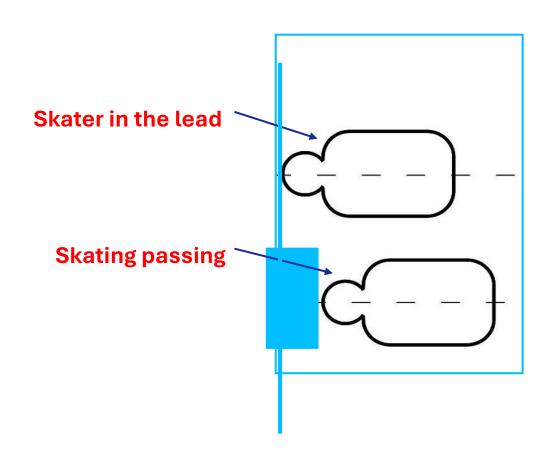
Skater failing to give way at the end of straight and causing contact may get a Penalty for S8.

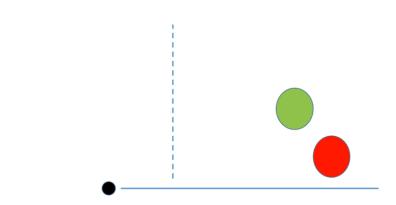


Section 2.2.1 Guidance & Parameters

Guidance 2025/26

S8: End of Straight | Inside Skater Failure to Give Way







Section 2.2.1 Guidance & Parameters

Guidance 2025/26

S9: End of Straight | Outside Skater Not Giving Space

If both Skaters are Level before entering the end of straight zone and the Skater on the inside is perceived as being outside of the colored line between the 7th block of the preceding corner and the 1st block of the corner where the action is happening, then it means that the outside Skater needs to stay outside so that they can both enter the corner without a collision.

If the outside Skater doesn't leave enough space and there is a collision, then he/she may get a PEN for S9.



Section 2.2.2 Guidance & Parameters

Guidance 2025/26

C2: In the Corner | Lane Change | from Inside to Out

If 2 or more Skaters are entering the corner together and are considered "level", they all have to keep their lane until the end of the corner or until a place opens big enough to allow lateral movements without causing contacts.

The Skater or Skaters on the inside need to stay on the inside and shall not change lane to block a Skater coming on the outside.

A leading Skater in the corner needs to skate a regular track pattern. Skaters extending the straight to do 'deep track' are responsible to make sure they do this without impeding Skaters on the outside.

Skaters making lane changes from inside to out in the corner or performing a "deep track" and causing contact may get a Penalty for C2.



Section 2.2.5 Guidance & Parameters

Guidance 2025/26

Other Extra Codes:

- OFF: Off Track
- **EQP:** Equipment Violation
- **ASS:** Assistance
- No Penalty Shared Responsibility
- DNF: Failing to cross the Finish Line



Section 2.2.5 Guidance & Parameters

Guidance 2025/26

Failing to cross the Finish Line DNF:

Crossing the official finish line with the leading tip of the blade is a requirement to complete the race.

Failing to do so may result in a DNF.



Section 2.2.5 Guidance & Parameters

Guidance 2025/26

SR: No Penalty - Shared Responsibility

When 2 or more Skaters are doing simultaneous actions causing an incident where the Referees come to the conclusion that all their actions had a direct impact on the situation judged, but it is not possible to decide if one has done something more impactful than the other, they may conclude that there will be No Penalty because of Shared Responsibility.

Also in presence of a minor contact that appears more severe due to Embellishment* the Referee may decide to give a Shared Responsibility.

This code and video will be shown.



Section 2.2.6 Guidance & Parameters

Guidance 2025/26

SPECIFIC TO RELAY:

- R1: Missed Relay Touch
- R2: Illegal Relay
- R3: Blocking In The Infield
- R4: Inactive Skater On The Track Causing Obstruction
- R5: Lane Change During Exchange Causing Contact / Obstruction
- R6: Leg Blocking During Exchange
- R7: Impeding The Race Entering Or Exiting For An Exchange

The basic rule that only racing incidents that are clear and obvious, and not in line with the principles of the general racing rule, as specified in rule 295 may result in sanctions applies also to the Relay Races.



Section 2.2.6 Guidance & Parameters

Guidance 2025/26

R6: Leg Blocking during exchange

During exchanges, the Skaters pushing cannot spread their legs wide and create obstruction or block this way. During exchanges, it is also the responsibility of the team following not to line up directly behind the other team.

Blocking, obstructing or causing contact by spreading the legs wide may result in a Penalty for R6 if the team behind has lined up correctly.



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Olympic Qualifying Events & Qualification System



MUST READ DOCUMENT: QUALIFICATION SYSTEM FOR SHORT TRACK SPEED SKATING

- We are using the SOQC (Special Olympic Qualifying Classification)
- For each distance that classification will be made by NOC and not by individual Skaters.
- > Skaters name and number are removed and only the Country remains,
- > The best Skaters from an NOC becomes RESULT 1
- For example: KOR 1 is finishing 1st = 10,000 points, KOR 2 is finishing 5th = 5220
- > Independent of who is KOR 1 and who is KOR 2.
- > We keep best 3 out of 4 results for each classification

Olympic Qualifying Events & Qualification System



ISU HAS 112 QUOTA PLACES FOR SHORT TRACK

- > There are no changes from the 2022 system
- > Regular relays take 32-32 quotas
- > For the 500m, 1000m races a max of 32 Skaters per gender will qualify
- > For the 1500m, a max of 36 Skaters per gender will qualify,
- For Members to guarantee a 5th Skaters for their relay team, they must get 9/9 or 8/9 distance quotas.
- For members to guarantee a Mixed Relay Team, they must be in the top 12 and also have qualified 2 skaters per gender for the individual distances.



Y	

		ISU			
Rank	Name Name	Memb	per points	NOC	points
	SANTOS-GRISWOLD				
1	Kristen	USA	10000	USA1	10000
2	FONTANA Arianna	ITA	8500	ITA1	8500
3	VELZEBOER Xandra	NED	7225	NED1	7225
4	VELZEBOER Michelle	NED	6141	NED2	6141
5	BRUNELLE Florence	CAN	5220	CAN1	5220
6	BLAIS Danae	CAN	4437	CAN2	4437
7	DESMET Hanne	BEL	3771	BEL1	3771
8	STODDARD Corinne	USA	3206	USA2	3206
9	ASCIC Valentina	CRO	2725	CRO1	2725
10	CHOI Minjeong	KOR	2316	KOR1	2316
11	WANG Xinran	CHN	1967	CHN1	1967

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Milano Cortina Olympic Winter Games 2026



- > There will be no Warmups on ice
- ➤ Short Track and Figure are sharing the venue as usual
- > Transition and ice conditions
- > Training venue
- > Training sessions
- > Warm up area
- > Award ceremonies
- > Competition schedule

COMPETITION SCHEDULE V.10 (31.08.2025)



DAY	0 feb 06 2026	1 feb 07 2026	2 feb 08 2026	3 feb 09 2026	4 feb 10 2026	5 feb 11 2026	6 feb 12 2026	7 feb 13 2026	8 feb 14 2026	9 feb 15 2026	10 feb 16 2026	11 feb 17 2026	12 feb 18 2026	13 feb 19 2026	14 feb 20 2026	15 feb 21 2026
					Short Track		Short Track		Short Track		Short Track		Short Track		Short Track	
Short Track Speed					Women's 500m Qualification		Women's 500m QF/SF/Finals		Women's 1000m Qualification		Men's 500m Qualification		Men's 500m QF/SF/Finals		Women's 1500m QF/SF/Finals	
					Men's 1000m Qualification		Men's 1000m QF/SF/Finals		Men's 1500m QF/SF/Finals		Women's 1000m QF/SF/Finals		Women's 3000m Relay Finals		Men's 5000m Relay Finals	
Skating					Mixed Team Relay QF/SF/Finals				Women's 3000m Relay Semifinals		Men's 5000m Relay Semifinals					
							88		8							
					10:30-13:35		20:15 - 22:15		20:15-23:05		11:00-13:10		20:15-22:00		20:15-22:40	

AGENDA

Welcome and introduction

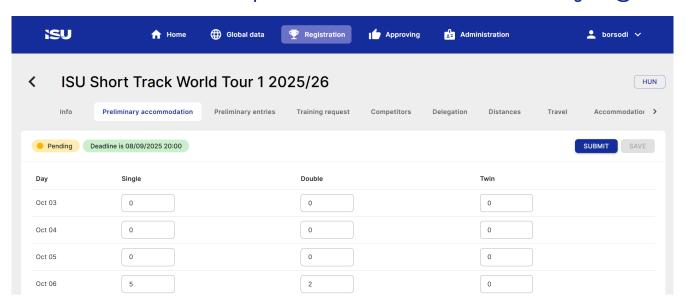


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ORS Accommodation & Meals

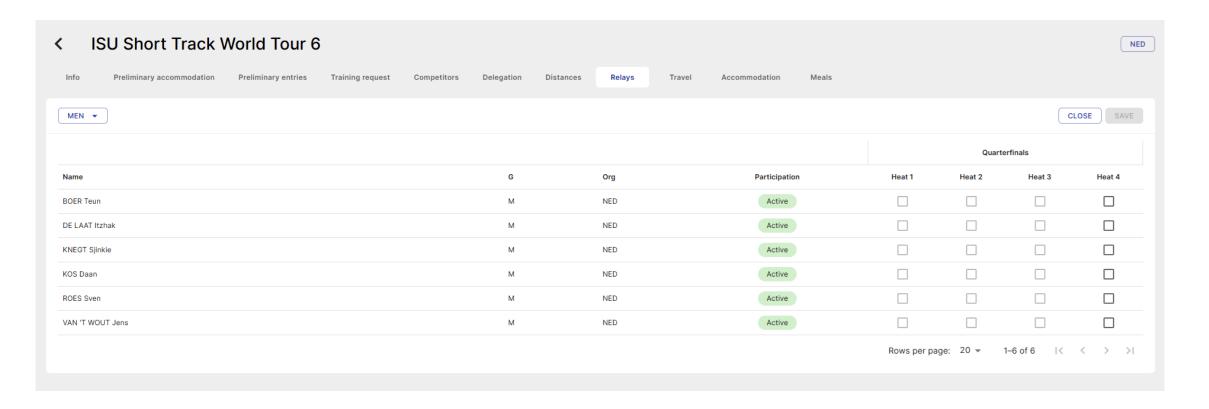


- Prelimenary accommodation very important!
 - in line with hotel deadline
 - what you do not put here, there is no guarantee that room will be available
 - only number of rooms per night
 - back-to-back events: everything goes on the first event
 - meals at venue can be requested for those not staying at the official hotel



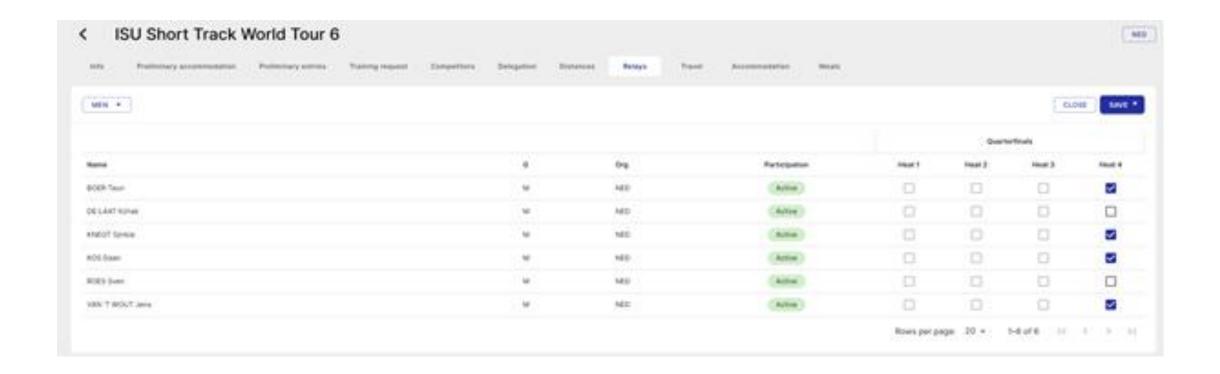


 Team leaders will have access to the Relay tab in ORS, for the first round 1 day prior to the round



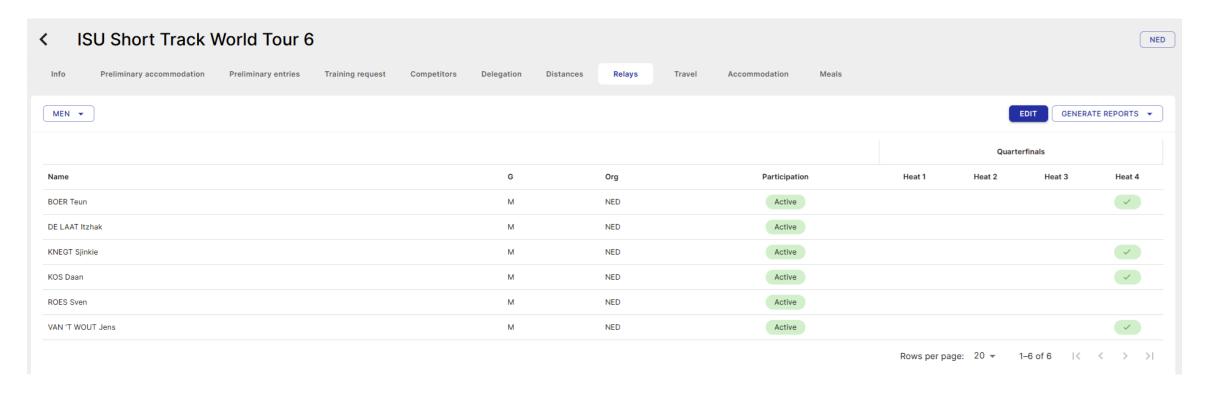


• Team leaders will have to select 4 skaters, cannot select less and cannot select more



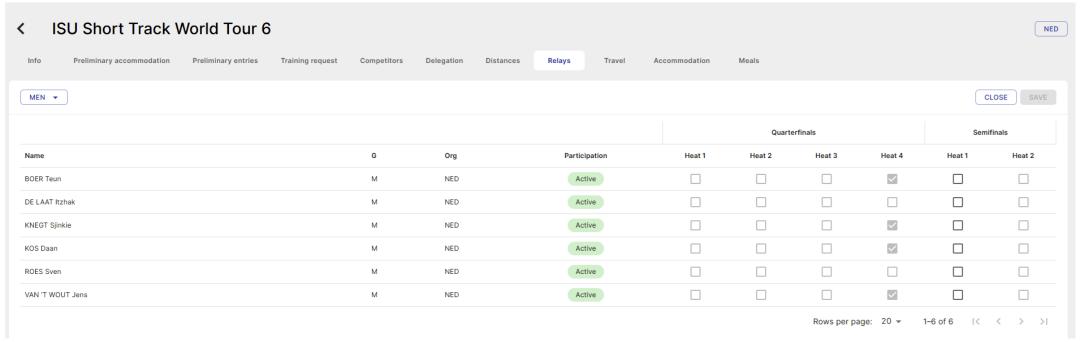


After pushing the save button you will see this





- For each team only that heat is visible, in which their team is seeded.
- If the team qualifies for the next round, the screen will look like this:



- Again the team leader must select 4 participants and Save. If the member does not advance from Quarterfinals phase they will still see semi final heats, but these will be disabled for them.
- Same will then happen for the final phase.

Email address for athletes



- An email was sent to all Member Federations that the email address for athletes is now mandatory in ORS.
- As part of the app update ahead of the upcoming ISU Short Track season, the new app will feature a dedicated hub for skaters where they can upload/download their media and edit their profile bios, as they will be displayed on ISU digital platforms.
- The email addresses will be used strictly for internal purposes, mainly to validate access and ensure that only skaters can view the content distribution hub within the app. This ensures the right users are linked to the correct profiles.

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New process for Rule Proposals following the decisions at the ISU Extraordinary Congress & upcoming 2026 Congress



> Following the new Constitution adopted at the Extraordinary Congress of July 2025,

The Congress will decide and vote on changes to the Constitution

The ISU Council will decide on changes to Sports Rules

"Sports Rules" refer to what we currently find in the Short Track Special Regulations and Technical Rules ("the Red book")

Member federations will be able to submit Rule Proposals at any time in a Portal

The STTC will assess all proposals for Rule changes (own proposals and proposals from Members) and present recommendations to the Council once a year

Urgent matters for Sports Rules changes may be dealt with at any time

The deadline to propose Sports Rules changes to be considered for the following season would be around 15 November – 1 December

If you have suggestions for the season 2026/27, we will discuss this in Montreal in person. You can send proposals to the STTC or go through your Member federation

> Congress 2026 will be an election Congress and the Congress will vote on Proposals for the Constitution, but not on Sports Rules proposals

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VARIA & Q & A



- > Special situations in races & restarts
- ➤ Grassroot Skating initiative on Monday October 13th in Montreal
- We will have an in-person meeting in Montreal
- Kind reminder of Team Officials behaviors in Events
- Process for a Video Review Request
- > No protests possible on Race Decisions
- Mistakes in lap counting



Reminder of Key Rules for all Events

Exceptional situations:

- > Lap counting mistakes:
- > As a principle, the bell calls the last lap
- If there is an extra lap, (from a lap counting mistake), it counts as part of the race.
- If an infringement happens in that extra lap, it is reviewed and can lead to a sanction.
- > If there is one less lap, no time will be recorded and the skaters in direct qualifying position would qualify and also the skater that would potentially qualify by time.
- For the starting lane, as in the past, we follow rule 293, para 7) and use the best time from previous rounds



CLOSING WORDS FROM ISU VICE-PRESIDENT:

Mr. TRON ESPELI





Thank You

IF YOU HAVE QUESTIONS OR WANT TO COMMUNICATE WITH THE TECHNICAL COMMITTEE:

EMAIL US AT: Nathalie.lambert@isu.org

YOU CAN FIND THE COMPLETE BOOK OF SPECIAL REGULATION AND TECHNICAL RULES ON THE ISU WEBSITE AT ISU.ORG

