

# 2023 全國花式滑冰菁英錦標賽

## 技術手冊

一、比賽規則：將依據ISU國際滑冰總會2023-2024賽季的特別規定之技術規程，通告2474、2489、2494、2495相關公告進行。

二、各組別動作規定：

### Senior Men 成年男子組

#### ● Short Program / 短曲(2'40"±10")

- a) Double or Triple Axel Paulsen; 兩周或三周半艾克索跳；
- b) Triple or Quad Jump; 一個三周或四周跳；
- c) Jump combination consisting of a double jump and a triple jump or two triple jumps or a quadruple jump and a double jump or a triple jump; 組合跳包含三周+兩周跳或兩個三周跳或四周+三周跳或四周+兩周跳；
- d) Flying Spin; 飛躍式旋轉；
- e) Camel spin or sit spin with only one change of foot; 駝轉或蹲轉擇一執行；必須換腳一次。
- f) Spin combination with only one change of foot; 組合旋轉，只允許一次換腳；
- g) Step sequence fully utilizing the ice surface. 覆蓋全場的連接步伐。

The factor for the Program Components is 節目內容分的係數為

Men: Short Program 男子: 短曲: 1.67。

#### ● Free Skating / 長曲(4'00"±10")

A well balanced Free Skating program for Senior Men must contain:

在成年男子組中好的節目必須包含：

- a) Maximum of 7 jump elements (one of which must be an Axel type jump). 至多七個

跳躍動作 ( 其中至少有一個阿克索類的跳躍 ) 。

- b) Maximum of 3 spins, one of which must be a spin combination, one a flying spin or a spin with a flying entrance and one a spin with only one position. 至多三個旋轉，其中包含一個組合旋轉，一個飛躍式旋轉和一個單一姿勢旋轉。
- c) Maximum of 1 Step Sequence. 至多一套連接步伐。
- d) Maximum of 1 Choreographic sequence. 至多一套編舞步伐。

The factor for the Program Components is 節目內容分的係數為

Men: Free Skating 男子: 長曲: 3.33 。

### **Senior Women 成年女子組**

- **Short Program / 短曲(2'40"±10")**

- a) Double or Triple Axel Paulsen; 兩周或三周半阿克索跳；
- b) Triple Jump; 一個三周跳；
- c) Jump combination consisting of a double jump and a triple jump or two triple jumps; 組合跳由三周+兩周跳或兩個三周跳所組成；
- d) Flying Spin; 飛躍式旋轉；
- e) Layback/sideways leaning spin or sit or camel spin without change of foot; 後仰躬身轉，側仰躬身轉或駝轉 ( 不得換腳 ) ；
- f) Spin Combination with only one change of foot; 組合旋轉，只允許一次換腳；
- g) Step sequence fully utilizing the ice surface. 覆蓋全場的連接步伐

The factor for the Program Components is 節目內容分的係數為

Women: Short Skating 女子: 短曲: 1.33 。

- **Free Skating / 長曲(4'00"±10")**

A well balanced Free Skating program for Senior Women must contain:

在成年女子組中好的節目必須包含：

- a) Maximum of 7 jump elements (one of which must be an Axel type jump). 至多七個跳躍動作 ( 其中至少有一個艾克索類型的跳躍 ) 。
- b) Maximum of 3 spins, one of which must be a spin combination, one a flying spin or a spin with a flying entrance and one a spin with only one position. 至多三個旋轉其中包含一個組合旋轉，一個飛躍式旋轉和一個單一姿勢旋轉。
- c) Maximum of 1 Step Sequence. 至多一套連接步伐。
- d) Maximum of 1 Choreographic sequence. 至多一套編舞步伐。

The factor for the Program Components is 節目內容分的係數為

Women: Free Skating 女子: 短曲: 2.67 。

**Remarks備註：**

- a) Any double jump (including double Axel) cannot be included more than twice in total in a Single' s Free Program (as a Solo Jump or a part of Combination / Sequence). 在單人長曲中任何兩周跳 ( 包括兩周半艾克索跳 ) 都不得超過兩次 ( 作為單跳或組合跳/連接跳中的一部分 ) 。
- b) Of all the triple and quadruple jumps only two (2) can be executed twice. Of the two repetitions only one (1) can a quadruple jump. If at least one of these executions is in a Jump Combination/Sequence, both executions are attributed their full numerical value according to the Scale of Value. If both executions are as solo jumps, the second of these solo jumps will be attributed 70% of its numerical value according to the Scale of Value. 所有三周和四周跳只有兩種允許重複兩次。同時只能有一種四周跳可以被重複。如果其中有至少一次是在組合跳或連接跳中完成的，則這兩個跳躍都將被正常評分。如果兩次跳躍都是在單跳中完成的，則第二個完成的單跳將得到其原始基礎分值的70%。

## Junior Men 青年男子組

### ● Short Program / 短曲(2'40"±10")

- a) Double or triple Axel Paulsen; 兩周或三周半艾克索跳 ;
- b) Double or triple Lutz jump; 一個兩周或三周盧茲跳 ;
- c) Jump combination consisting of a double and a triple jump or two triple jumps; 組合跳組成包含三周跳+兩周跳或兩個三周跳 ;
- d) Flying Sit spin; 飛躍式蹲轉 ;
- e) Camel spin with only one change of foot; 換腳駝旋轉 ;
- f) Spin combination with only one change of foot; 組合旋轉 · 只允許一次換腳 ;
- g) Step sequence fully utilizing the ice surface. 覆蓋全場的連接步伐

The factor for the Program Components is 節目內容分的係數(factor)為

Men: Short Program 男子: 短曲: 1.67 。

### ● Free Skating / 長曲(3'30"±10")

A well balanced Free Skating program for Junior Men must contain:

在青年男子組中好的節目必須包含 :

- a) Maximum of 7 jump elements (one of which must be an Axel type jump); 至多七個跳躍動作 ( 其中至少有一個艾克索類的跳躍 ) 。
- b) Maximum of 3 spins, one of which must be a spin combination, one a flying spin or a spin with a flying entrance and one a spin with only one position; 至多三個旋轉 · 其中包含一個組合旋轉 · 一個飛跳旋轉和一個單一姿勢旋轉 。
- c) Maximum of 1 Choreographic sequence; 至多一套編舞步伐 。
- d) The factor for the Program Components is 節目內容分的係數為

Men: Free Skating: 3.33 男子: 長曲: 3.33 。

## Junior Women 青年女子組

### ● Short Program / 短曲(2'40"±10")

- a) Double Axel Paulsen; 兩周半艾克索跳 ;
- b) Double or triple Lutz jump; 兩周或三周盧茲跳 ;
- c) Jump combination consisting of two double jumps or one double and one triple jump or two triple jumps; 組合跳包含兩個兩周或三周+兩周跳或兩個三周跳 ;
- d) Flying Sit spin; 飛躍式蹲轉 ;
- e) Layback, Sideways Leaning Spin or Camel Spin without change of foot; 後仰躬身轉、側仰躬身轉或不換腳的駝轉 ;
- f) Spin combination with only one change of foot; 組合旋轉 · 只允許一次換腳 ;
- g) Step sequence fully utilizing the ice surface. 覆蓋全場的連接步伐。

The factor for the Program Components is 節目內容分的係數為

Women: Short Program 女子: 短曲: 1.33。

### ● Free Skating / 長曲(3'30"±10")

A well balanced Free Skating program for Junior Women must contain:

在青年女子組中好的節目必須包含 :

- a) Maximum of 7 jump elements (one of which must be an Axel type jump); 至多七個跳躍動作 ( 其中至少有一個艾克索跳 ) 。
- b) Maximum of 3 spins, one of which must be a spin combination, one a flying spin or a spin with a flying entrance and one a spin with only one position; 至多三個旋轉 · 其中包含一個組合旋轉 · 一個飛跳旋轉和一個單一姿勢旋轉 。
- c) Maximum of 1 Choreographic sequence; 至多一套編舞步伐 。

The factor for the Program Components is 節目內容分的係數為

Women: Free Skating 女子: 長曲: 2.67。

## Remarks備註：

- a) Any double jump (including double Axel) cannot be included more than twice in total in a Single' s Free Program (as a Solo Jump or a part of Combination / Sequence).在單人長曲中任何兩周跳(包括兩周半艾克索跳)都不得執行超過兩次(不論作為單跳或組合跳/連接跳中的一部分)。
- b) Of all the triple and quadruple jumps only two (2) can be executed twice. Of the two repetitions only one (1) can a quadruple jump. If at least one of these executions is in a Jump Combination/Sequence, both executions are attributed their full numerical value according to the Scale of Value. If both executions are as solo jumps, the second of these solo jumps will be attributed 70% of its numerical value according to the Scale of Value.所有三周和四周跳只有兩種跳允許重複兩次。同時只能有一種四周跳可以被重複。如果其中有至少一次是在組合跳或連接跳中完成的，則這兩個跳都將被正常評分。如果兩次跳都是在單跳中完成的，則第二個完成的單跳將得到其原始基礎分值的70%。

根據國際滑冰總會第2494號通告修正技術規定

### **Advanced Novice Boys 少年男子組**

#### ● Short Program / 短曲(2'20" ±10")

- a) Single Axel Paulsen or double Axel Paulsen; 一周或兩周半艾克索跳；
- b) Double or triple jump, may not repeat jump a); 一個兩周或三周跳(不能和a重複)
- c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump a) or b); 組合跳，由二個二周跳或一個二周跳+一個三跳組成的組合跳，二個跳躍不能重複跳 a) 或 b)。

- d) Camel spin with change of foot (minimum of five (5) revolutions on each foot) and no flying entrance (for season 2023-24); 換腳駝轉 ( 每腳至少轉五圈 ) , 換腳且不能做飛躍式進轉 ( 2023-24賽季規定 ) 。
- e) Spin combination with only one change of foot (minimum of five (5) revolutions on each foot). Flying entry is allowed; 組合旋轉 : 換腳一次並允許飛躍式進轉 ( 每隻腳至少五圈 ) ;
- f) One step sequence with full utilizing the ice surface. 一套覆蓋全場的連接步伐 。

**Remarks /備註 :**

- a) Jumps not according to Short Program requirements (wrong number of revolutions) will receive no value. 選手於短曲所做出之跳躍如不符合規定圈數者將不予計分 。
  - b) If the same jump is executed as a solo jump and as a part of the jump combination, the repeated jump will not be counted (if this repetition is in a jump combination, only the individual jump which is not according to the above requirements will not be counted). 如果同一種跳躍 同時在單跳及組合跳中執行 , 則此重複之跳躍將不予以計分 。
- **Free Skating / 長曲(3'00"±10")**

A well balanced Free Skating program for Singles Boys and Girls must contain:

在男生和女生單人組中好的節目必須包含:

- a) Maximum 6 jump elements one of which must be an Axel type jump. There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. One jump combination or jump sequence could consist up to three (3) jumps, the other up to two (2) jumps. A jump sequence consists of two (2) jumps of any number of revolutions, in which the second and/or the third jump is an Axel

type jump with a direct step from the landing curve of the first/ second jump in to the take-off curve of the Axel jump.

One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value.

No quadruple jumps are allowed. Any single, double (including Double Axel) or triple jumps cannot be executed more than twice in total.

至多六個跳躍動作，其中至少有一個艾克索跳。至多允許兩個組合跳或一個組合跳和一個連接跳。其中一個組合跳能由三個跳躍組成，而另一種則是由兩個跳躍組成。組合跳和連接跳由兩次跳躍組成。在序列跳中，第二個跳必須是艾克索跳類的跳，從第一次跳的著陸弧線直接跨到艾克索跳的起跳弧線。跳躍時，在冰上轉一周（自由足可觸冰，但重心未轉移），此動作元素符合連接跳的定義。在連接跳中執行的跳躍會得到其全部分值。

四周跳是不被允許的。任何種類的一周和二周跳(包括二周半)或三周跳，總計不能被完成超過兩次。

- b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination with change of foot (minimum eight (8) revolutions, flying entrance is not allowed and one must be a flying spin (minimum six (6) revolutions) or a spin in one position with change of foot and a flying entrance (minimum eight (8) revolutions)至多兩個不同的旋轉：一個必須是換腳組合旋轉(最少八圈)，不允許飛躍式旋轉。另一個是飛躍式旋轉(最少六圈)，或一個以飛躍式進轉的換腳單一姿勢旋轉(最少八圈)。
- c) There must be a maximum of one (1) step sequence fully utilizing the ice surface.  
一套覆蓋全場的連接步伐。



## Advanced Novice Girls 少年女子組

### ● Short Program / 短曲(2'20" ±10")

- a) Single Axel Paulsen or double Axel Paulsen; 一周或二周半艾克索跳 ;
- b) Double or triple jump, may not repeat jump a); 一個二周或三周跳 ( 不能重複 a ) ;
- c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump a) or b); 組合跳 · 由兩個二周跳或一個二周跳+一個三周跳組成的一個組合跳 · 兩個跳不能重複跳 a) 或 b) ;
- d) Layback/sideways leaning spin or Camel **spin** in one basic position with no change of foot (minimum of six (6) revolutions) and no flying entrance (for season 2023-24); 後仰躬身轉/側仰躬身轉或不換腳的單一姿勢駝轉(Camel **spin**) ( 至少六圈且不允許飛躍式進轉 ) (2023-24賽季規定) 。
- e) Spin combination with only one change of foot (minimum of five (5) revolutions on each foot). Flying entry is allowed. 組合旋轉 : 換腳一次並允許飛躍式進轉 ( 每隻腳至少五圈 ) 。
- f) One step sequence fully utilizing the ice surface. 一套覆蓋全場的連接步伐 。

### ● Free Skating / 長曲(3'00" ±10")

A well balanced Free Skating program for Single Boys and Girls must contain:

在男生和女生單人組中好的節目必須包含 :

- a) Maximum 6 jump elements one of which must be an Axel type jump. There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. One jump combination or jump sequence can consist of up to three (3) jumps, the other up to two (2) jumps. A jumps sequence consists of two (2) or three (3) jumps of any number of revolutions, in which the second and/or the third jump is an Axel type jump with a direct step from the landing curve of the

first/second jump in to the take-off curve of the Axel jump. One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value.

No quadruple jumps are allowed. Any single, double (including Double Axel) or triple jump cannot be executed more than twice in total.

至多六個跳躍動作，其中至少包含一個艾克索跳。至多兩個組合跳或一個組合跳和一個連接跳。其中一個組合跳或連接跳能由三個跳所組成，另一個組合跳和連接跳由兩個跳所組成。在連接跳中，第二個跳必須是艾克索跳，從第一次跳的著陸弧線直接跨到艾克索跳的起跳弧線。在跳躍間的冰上轉一周（自由足可觸冰，但重心不轉移），此動作元素符合連接跳的定義。在連接跳中執行的跳會得到其全部分值。

不允許四周跳。任何一周、兩周跳(包括兩周艾克索跳)或三周跳，總共不能跳超過兩次。

- b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination with change of foot (minimum eight (8) revolutions, flying entrance is not allowed and one must be a flying spin (minimum six (6) revolutions) or a spin in one position with change of foot and a flying entrance (minimum eight (8) revolutions).

至多兩個不同的旋轉：一個必須是換腳組合旋轉(最少八圈)，不允許飛跳旋轉，另一個必須是飛躍旋轉(最少六圈)，或者一個以飛躍式進轉的換腳單一姿勢旋轉(最少八圈)。

- c) There must be a maximum of one (1) step sequence fully utilizing the ice surface.

一套覆全場的連接步伐。

#### ◆ **Bonus for Advanced Novice Single Skating**

- ◆ 少年組單人項目的獎勵分

Skaters can earn bonus points for jumps that are achieved in Short Program and/or

Free Skating. To be eligible for bonus points, jumps must be fully rotated or landed on the quarter (q) and must be in accordance with the Short Program requirements respectively the well balanced Free Skating program and the repetition rules for jumps. Jumps can be performed as a solo jump, or in jump combination or jump sequence. Jumps that are identified by the Technical Panels as under-rotated (<), downgraded (<<), with wrong edge (e) or have a fall or being identified as invalid element (\*) are not eligible to receive bonus points.

選手可以在短曲與長曲中的跳獲得獎勵分。要被加分，跳躍必須足周或為不足1/4周落冰（標記為q），且必須分別符合短曲與長曲的技術動作規定與跳躍的重複規則。跳躍可執行為單跳、組合跳或連接跳。技術組判定為不足圈、降級、用刃錯誤、跌倒、被判為無效跳躍動作，都無法獲得獎勵分數。

#### • Short Program 短曲

In the Short Program a maximum of two (2) bonus points can be achieved: one (1) bonus point for one (1) Double Axel and one (1) bonus point for one (1) triple jump.

在短曲中，至多可取得兩次的獎勵分數：一次是執行一個兩周艾克索跳，另一次是執行一個三周跳。

#### • Free Skating 長曲

In the Free Skating Program, a maximum of three (3) bonus points can be achieved: one (1) bonus point for one (1) Double Axel and one (1) bonus point each for any two (2) different Triple jumps

在長曲中，至多可取得三次的獎勵分數：一次是執行一個兩周半艾克索跳，另外二次分別執行兩個不同的三周跳。

In case of jump combinations or jump sequences, all jumps eligible for a bonus point in accordance with the above regulations and limitations can receive bonus points.

在組合跳與連接跳的情況下，所有符合上述規定與限制條件的跳躍都可以得到獎勵分數。

The Technical Panel will decide upon the bonus points and add them respecting the above regulations and limitations to the respective jump element(s). The Technical Controller will advise the Data Operator to add the bonus point at the end of the jump by using the respective "Bonus" button on the Data Operators screen (i.e. 2Ab, 3Lzqb+3Tb) during the review process.

技術小組決定獎勵分數，並根據上述的規定和相對應的跳躍限制條件來加分。在評審過程中，技術小組告知資料處理員：在跳躍時，將獎勵分數在成績系統的數據資料螢幕上按下「獎勵」按鈕。

The bonus will be assigned to the first two jumps in Short Program and to the first three jumps in Free Skating that fulfill the requirements in order of their execution.

獎勵分將給予符合短曲的前兩跳與長曲的前三跳規定選手，依照跳的順序給分。

In accordance with ISU Rule 353 (ISU Judging System - determination and publication of results) paragraph (Basic Principles of Calculation) and respective subparagraph f) the panel's score for each Section/Element is determined by adding the trimmed mean GOE of this Section/Element to its Base Value. The bonus points are added in addition and will determine the panel's score for jump

elements where the Technical Panel identifies such bonus points (Base Value + GOE + Bonus Point(s) = Score of Panel).

根據國際滑冰總會規則第三百五十三條 ( 國際裁判系統--比賽成績結果確定與公布 ) 第一項 ( 計算分數基本原則 ) 與相應第 f) 款段落內容，每個組別技術分數都是按技術動作基本分值經過裁判評判執行動作質量分數加減後得到最後的比賽動作分數。獎勵分數是額外加上去，且將會決定技術小組所判定跳躍動作的最終分數 ( 基本分值 + GOE + 獎勵分數 = 動作最終得分 )。

### **Levels explanations 等級說明**

For Advanced Novice Single Skating, in all elements that are subject to Levels, only features up to Level 3 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

少年組單人滑等級中，在所有動作裡僅計算等級超過三級的。任何額外附加條件都不會被技術組計入等級中。

The following Program Components are judged:

節目內容評分項目如下：

- Composition 節目組成
- Presentation 表演表達
- Skating Skills 滑冰技巧

The factor for the Program Components is

節目內容分的係數為

#### **Short Program 短曲：**

- 女孩Girls 1.07
- 男孩Boys 1.20

## Free Skating 長曲：

- 女孩Girls 2.13
- 男孩Boys 2.40

### **Intermediate Novice Boys & Girls 少年B大齡男子、女子組**

#### ● Free Skating / 長曲(3'00"±10")

A well balanced Free Skating program for Intermediate Novice must contain:

在少年B大齡組中，好的節目必須包含：

- a) Maximum of 5 jump elements one of which must be an Axel type jump. There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence, the second jump must be an Axel type jump with a direct step from the landing curve of the first jump in to the take-off curve of the Axel jump. One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence.

Jumps executed in a jump sequence receive their full value.

No triple and quadruple jumps are allowed.

Only one single jump and one double jump (including Double Axel) can be repeated once.

至多五個跳躍動作，其中至少有一個阿克索跳。最多可以有兩個組合跳或一個組合跳和一個連續跳。組合跳和連接跳由兩個跳所組成。

在連接跳中，第二個跳躍必須是阿克索跳類型的跳躍，從第一次跳躍的著陸弧線直接跨到阿克索跳的起跳弧線。跳躍時，在冰上轉一周（自由足可觸冰，但重心未轉移），此動作符合

連接跳的定義。在連接跳中執行的跳躍會得到全部分值。

不允許三周和四周跳。

只有一個一周跳和一個兩周跳可以重複一次 ( 包括艾克索兩周半跳 )。

- b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination and one must be a spin with no change of position.

The spin combination with a change of foot and a minimum of eight (8) revolutions or without a change of foot with a minimum of six (6) revolutions.

The spin in one position with a change of foot minimum of eight (8) revolutions or spin in one position without change of foot minimum of six (6) revolutions.

In both spins flying entries are allowed.

至多兩個不同種類的旋轉：其中一個是組合旋轉，一個是單一姿勢旋轉。如果組合旋轉選擇換腳，旋轉圈數最少八圈，如果選擇不換腳則最少六圈。如果單一姿勢旋轉選擇換腳，旋轉圈數最少八圈，如果選擇不換腳最少六圈。兩個旋轉都允許飛躍式進轉。

- c) There must be a maximum of one (1) step sequence fully utilizing the ice surface; 最多一套覆蓋全場的連接步伐。

### **Levels Explanations: 等級說明**

For Intermediate Novice Singles, in all elements that are subject to Levels, only features up to Level 2 will be counted. Any additional features will not be counted for Level requirements and will be ignored by the Technical Panel.

對於少年大齡組單人等級，在所有計算等級的動作，僅計算兩級。

任何額外附加等級條件都不計入等級中，技術組將忽略。

The following Program Components are judged:

節目內容評分項目如下：

- Composition 節目組成
- Presentation 表演表達
- Skating Skills 滑冰技巧

The factor for the Program Components is

節目內容分的係數為

- 女孩 Girls 1.7
- 男孩Boys 2.0

#### **Basic Novice Boys & Girls 少年B低齡男子、女子組**

- **Free Skating / 長曲(2'30"±10")**

A well balanced Free Skating program for Single Skating must contain:

在單人長曲中，好的節目必須包含：

a)Maximum of 4 jump elements one of which must be an Axel type jump. There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence, the second jump must be an Axel type jump with a direct step from the landing curve of the first jump in to the take- off curve of the Axel jump.

One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence.

Jumps executed in a jump sequence receive their full value.

No triple and quadruple jumps are allowed.



Only one single jump and one double jump (including Double Axel) can be repeated once.

至多四個跳躍動作，其中至少有一個阿克索跳。最多可以有兩個組合跳或一個組合跳和一個連續跳。組合跳和連接跳由兩個跳所組成。在連接跳中，第二個跳躍必須是阿克索跳類型的跳躍，從第一次跳躍的著陸弧線直接跨到阿克索跳的起跳弧線。跳躍間的冰上轉一周（自由足可觸冰，但重心未轉移），此動作符合連接跳的定義。在連接跳中執行的跳躍會得到全部分值。

不允許三周和四周跳。

只有一個一周跳和一個兩周跳可以重複一次（包括阿克索兩周半跳）。

- b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination and one must be a spin with no change of position. The spin combination with a change of foot and a minimum of eight (8) revolutions or without a change of foot with a minimum of six (6) revolutions. The spin in one position with a change of foot minimum of eight (8) revolutions or spin in one position without change of foot minimum of six (6) revolutions. In both spins flying entries are allowed.

至多兩個不同種類的旋轉：其中一個是組合旋轉，一個是單一姿勢旋轉。如果組合旋轉選擇換腳，旋轉圈數最少八圈，如果選擇不換腳則最少六圈。如果單一姿勢旋轉選擇換腳，旋轉圈數最少八圈，如果選擇不換腳最少六圈。兩個旋轉都允許飛躍式進轉。

- c) There must be a maximum of one (1) step sequence fully utilizing the ice surface; 最多一套覆蓋全場的連接步伐。

### **Levels Explanations: 等級說明**

For Intermediate Basic Novice Singles, in all elements that are subject to Levels, only features up to Level 2 will be counted. Any additional features will not be counted for

Level requirements and will be ignored by the Technical Panel.

對於低齡組單人等級，在所有計算等級的動作，僅計算兩級。

任何額外附加等級條件都不計入等級中，技術組將忽略。

The following Program Components are judged:

節目內容評分項目如下：

- Composition 節目組成
- Presentation 表演表達
- Skating Skills 滑冰技巧

The factor for the Program Components is 1.67

節目內容分的係數為1.67

### **Pre-Novice Boys & Girls 兒童男、女子組**

- **Free Skating / 長曲(1'50"±10")**

A well balanced Free Skating program must contain:

在長曲中，好的節目必須包含：

- a) Maximum of 4 jump elements one of which must be an Axel type jump. There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence, the second jump must be an Axel type jump with a direct step from the landing curve of the first jump in to the take-off curve of the Axel jump. One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence.

Jumps executed in a jump sequence receive their full value.

No triple and quadruple jumps are allowed.

至多四個跳躍動作，其中至少有一個阿克索跳。最多可以有兩個組合跳或一個組合跳和一個連續跳。組合跳和連接跳由兩個跳所組成。在連接跳中，第二個跳躍必須是阿克索跳類型的跳躍，從第一次跳躍的著陸弧線直接跨到阿克索跳的起跳弧線。跳躍間的冰上轉一周（自由足可觸冰，但重心未轉移），此動作符合連接跳的定義。在連接跳中執行的跳躍會得到全部分值。

不允許三周和四周跳。

- b) Maximum of two (2) spins of a different nature. There may be up to one (1) spin combination (without change of foot: minimum of five (5) revolutions; with change of foot: minimum of three(3) revolutions on each foot).

至多兩個不同的旋轉，其中只允許一個組合旋轉(不換腳：至少五圈；換腳：每隻腳至少三圈)。

- c) There must be a maximum one (1) choreographic sequence for Girls and Boys.

The sequence will have a fixed Base value and evaluated in GOE only.

最多一套編舞步伐，該編舞步伐將不被評定級別而直接給予修正過的基本分，裁判將根據動作完成的完整性進行評分。

### **Levels Explanations: 等級說明**

For Advanced Pre-Novice: in all elements which are subject to Levels, only features up to **Level 2** will be counted. Any additional features will not counted for Level requirements and will be ignored by the Technical Panel.

對於兒童A組動作級別：在所有計算等級的動作，僅計算兩級。

任何額外附加等級條件都不計入等級中，技術組將忽略。

The following Program Components are judged:

節目內容評分項目如下：

- Composition 節目組成
- Presentation 表演表達
- Skating Skills 滑冰技巧

※ PCS Factor節目內容分係數：FS長曲：2.0 (男女皆同)；Fall Deduction跌倒扣分：0.5

### **Juvenile Boys & Girls 幼兒男、女子組**

- **Free Skating / 長曲(1'15"±10")**

Only single jumps are permitted, 只允許一周跳

A well balanced Free Skating program for Advanced Juvenile must contain:

在幼兒男女組中，好的節目必須包含：

- a) Maximum of three (3) jump elements. There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combinations and the jump sequence consist of two single jumps. In the jump sequence, the second jump must be an Axel type jump with a direct step from the landing curve of the first jump in to the take-off curve of the Axel jump. One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence.

Jumps executed in a jump sequence receive their full value.

至多三個跳躍動作。最多可以有兩個組合跳或一個組合跳和一個連接跳。組合跳和連接跳只能由兩個一周跳組成。在連接跳中，第二個跳躍必須是艾克索跳類型的跳躍，從第一次跳躍的著陸弧線直接跨到艾克索跳的起跳弧線。跳躍間的冰上轉一周（自由足可觸

冰，但重心未轉移)，此動作符合連接跳的定義。在連接跳中執行的跳躍會得到全部分值。

- b) Maximum of two (2) spins of a different nature, one spin on one foot (without change of foot: minimum of five (5) revolutions; with change of foot: minimum of three (3) revolutions on each foot).至多兩個不同的旋轉，其中一個必須為單腳直立轉(不換腳至少五圈，換足每隻腳至少三圈)。
- c) There must be a maximum one (1) choreographic sequence for Girls and Boys. The sequence will have a fixed Base value and evaluated in GOE only.一個編舞步伐，該編舞步伐將不被評定級別而直接給予修正過的基本分，裁判將根據動作完整性進行評判分。

### **Levels Explanations: 等級說明**

For Advanced Juvenile; in all elements that are subject to Levels, only features up to Level 2 will be counted. Any additional features will not be counted for Level requirements and will be ignored by the Technical Panel.

對於幼兒組級別，在所有計算等級的動作元素，僅計算兩級。

任何額外附加等級條件都不計入等級中，技術組將忽略。

Advanced Juvenile Program Components are judged in:

幼兒組節目內容評分項目如下：

- Composition 節目組成
- Presentation 表演表達
- Skating Skills 滑冰技巧

※PCS Factor節目內容分係數：FS長曲：2.5 (男女皆同)；Fall Deduction跌倒扣分：0.5