



Asian Junior Figure Skating Challenge 2018/2019
2018/2019 亞洲青少年花樣滑冰挑戰賽

Shanghai, China
中国·上海站

Shanghai, China, February 15th to 17th, 2019

2019年2月15日-17日, 中国, 上海

An Asian International Figure Skating Competition Series
for

Junior, Novice, Pre-Novice and Juvenile Skaters
國際青年、少年、兒童和幼兒花樣滑冰系列賽



ANNOUNCEMENT / INVITATION

競賽公告及邀請

organized by the

Chinese Figure Skating Association

Hong Kong Skating Union

Figure and Speed Skating Association of Thailand

由中國花樣滑冰協會、香港滑冰聯盟和泰國滑冰協會主辦



CHINESE
FIGURE SKATING
ASSOCIATION
中国花样滑冰协会





1. GENERAL INFORMATION / 賽事信息

1. Asian Junior Figure Skating Challenge (AJFSC) is an international figure skating competition series jointly hosted by the Chinese Figure Skating Association (CHN), Hong Kong Skating Union (HKG) and Figure and Speed Skating Association of Thailand (THA) under the authorization of the Asian Skating Union. The AJFSC is open to all Junior, Novice, Pre-Novice and Juvenile skaters who are ISU and ASU Members. For the 2018/2019 season, the events are:

亞洲青少年花樣滑冰挑戰賽是一個經亞洲滑冰聯盟授權、中國花樣滑冰協會、香港滑冰聯盟和泰國滑冰協會共同創辦的國際花樣滑冰賽事系列。本賽季的各個分站賽事將於如下日期和地點舉行：

China	August 22 - 25, 2018	China, Sanya Tus - Ice & Snow Sports Center
Hong Kong	October 2 - 4, 2018	Festival Walk Glacier, Hong Kong
China	Feb 15 - 17, 2019	China, Shanghai Pudong New Area FeiYang Ice Skating Sports Club
Thailand	May 2- 4, 2019	Bangkok, Imperial World Ice Skating [IWIS]
中國站	2018年8月22-25日	中國, 三亞啟迪
香港站	2018年10月2-4日	香港, 又一城歡天雪地溜冰場
中國站	2019年2月15-17日	中國, 上海飛揚
泰國站	2019年5月2-4日	曼谷, Imperial World Ice Skating [IWIS]

- 1.1 All events and official practice of Asian Junior Figure Skating Challenge 2018/2019 –Shanghai will take place at the “Feiyang Skating Center” (60m×30m) in No.201 of Yunlian, New Pudong District, Shanghai. The facility is an indoor, heated artificial ice surfaces.

2018/2019 亞洲青少年花樣滑冰挑戰賽上海站所有訓練和比賽將在位於上海市浦東新區云蓮路 201 號的飛揚冰上運動中心舉行，該冰場為室內冰場，帶有暖氣設備，冰面尺寸為 60 米 x30 米。

2. The medals and diplomas will be awarded to the top 3 competitors in each category. The other competitors will be awarded the Certificate of Participation.

獲得每個項目前三名的運動員將得到獎牌和獲獎證書，其餘運動員將獲得參與證書。

2. TECHNICAL DETAILS / 技術要求

1. The Asian Junior Figure Skating Challenge will be conducted in accordance with the Technical details as follows. The ISU Judging System will be used for results calculation.

亞洲青少年花樣滑冰挑戰賽將遵守下列技術要求。國際滑冰聯盟裁判系統將作為賽事正式評分系統。

- a) The Asian Junior Figure Skating Challenge 2018/2019 will be conducted in accordance with the ISU Constitution and General Regulations 2018, the ISU Special Regulations and Technical Rules Single & Pair Skating and Ice Dance 2018 and Synchronized Skating as well as the pertinent ISU Communications.

2018/2019 亞洲青少年花樣滑冰挑戰賽將根據國際滑冰聯盟憲章 2018 版，國際滑冰聯盟單人滑、雙人滑、冰上舞蹈及隊列滑技術條例 2018 版以及相關的國際滑冰聯盟公告進行競賽。

- b) The base value and the Scale of Values (SOV) of all elements for Elite Junior Group are published by the pertinent ISU Communication. The base value and SOV for all elements which have not assigned in the relevant communications will be assigned by the AJFSC Organizing Committee.

青年精英組競賽所採用的動作基礎分值及完成級別分值均已經由國際滑冰聯盟確定，並發佈在相關的國際滑冰聯盟公告中。在其它組次中出現的技術動作，如有未經國際滑冰聯盟規定基礎分值及完成級別分

值的，則由賽事組委會確定。

- c) The final score of each segment is calculated by adding up the Total Elements Scores and the Factored Program Component Scores after subtracting any program deduction.

每一個節目的最終得分由運動員獲得的技術動作分、節目內容分（帶有係數）以及任何給定的扣分共同計算得出。

- d) The scores of the Short Program and Free Skating are added and the results constitute the final score of a competitor in an event. The participant with the highest total final score wins.

短節目和自由滑的得分相加，得到運動員比賽的總分。總分最高的運動員獲勝。

- e) Tie-break Rules /打破平分規則

i. Segment /節目平分

If two or more competitors have the same rank, the Total Element Score will break the tie in the 1st segment and the Program Component Score will break the tie in last segment. If these results are also equal, the competitors concerned will be considered tied.

如果超過兩名運動員在同一個節目中獲得相同分數，則在第一個節目中技術動作分高的運動員獲勝，在最後一個節目中節目內容分高的運動員獲勝。如果上述分數依然相同，則運動員獲得相同名次。

ii. Event /項目平分

If two or more competitors receive an equal total for all parts of the event combined (final result), the best placement shall be decided on the basis of the best placing for last segment. If this is equal, the competitors concerned are tied.

如果超過兩名運動員比賽總分相同，則運動員的名次將由最後一個節目中的名次決定。如果上述名次依然相同，則運動員獲得相同名次。

1.2 There are nine (9) individual Figure Skating categories for both Men and Ladies:

男子和女子項目分別分成以下 9 個組別：

Categories 項目	Segments 節目	Marking 評判內容
<ul style="list-style-type: none"> > Elite Junior 青年精英組 > Basic Junior 初級青年組 > Advanced Novice 高級少年組 	I. Short Program 短節目	1) Element Score 技術動作分 2) Program Component Score 節目內容分
	II. Free Skating 自由滑	1) Element Score 技術動作分 2) Program Component Score 節目內容分
<ul style="list-style-type: none"> > Intermediate Novice 中級少年組 > Basic Novice 初級少年組 > Advanced Pre-Novice 高級兒童組 > Basic Pre-Novice 初級兒童組 	I. Free Skating 自由滑	1) Element Score 技術動作分 2) Program Component Score 節目內容分
<ul style="list-style-type: none"> > Advanced Juvenile 高級幼兒組 > Basic Juvenile 初級幼兒組 		



2.3. Age limits: / 年齡規定 :

All age groups were divided in accordance with the date "July 1, 2018" .

所有年齡分組均根據 2018 年 7 月 1 日這一日日期進行分割。

All Junior 所有青年組	not be younger than 13 / 至少年滿 13 周歲 ; and have not reached 19 / 並且尚未超過 19 周歲 ; (Born between July 1, 1999 and June 30, 2005. / 出生於 1999 年 7 月 1 日至 2005 年 6 月 30 日之間)
Advanced Novice 高級少年組	has reached the age of 10 / 至少年滿 10 周歲 ; and has not reached the age of 15 / 並且尚未超過 15 周歲 ; (Born between July 1, 2003 and June 30, 2008. / 出生於 2003 年 7 月 1 日至 2008 年 6 月 30 日之間)
Intermediate Novice 中級少年組	has not reached the age of 15 / 尚未成年滿 15 周歲 ; (Born after July 1, 2003 . / 出生於 2003 年 7 月 1 日或之後。)
Basic Novice 初級少年組	has not reached the age of 13 / 尚未超過 13 周歲 ; (Born after July 1, 2005 / 出生於 2005 年 7 月 1 日或之後。)
Pre-Novice 兒童組	has reached the age of 7 / 至少年滿 7 周歲 ; and has not reached 11 / 並且尚未超過 11 周歲 ; (Born between July 1, 2007 and June 30, 2011. / 出生於 2007 年 7 月 1 日至 2011 年 6 月 30 日之間)
Juvenile 幼兒組	has not reached the age of 8 / 尚未超過 8 周歲 ; (Born after July 1, 2010. / 出生於 2010 年 7 月 1 日之後。)

All age categories may be divided depending on the number of registrations. Proof of age is required for the event. Copy of birth certificate, passport or similar proof of age is acceptable. The Organizing Committee reserves the right to require additional documentation. Lower age group skaters can participate in the higher age group competition, higher age group skaters cannot participate in the lower age group competition.

以上年齡分組將根據實際參賽運動員數量再細分成若干競賽小組。參賽運動員需提交出生證明、護照或其它檔作為正式出生日期證明，同時組委會亦有權要求參賽運動員提交附加證明檔。低年齡組運動員可以參加高年齡組賽事，高年齡組運動員不可以參加低年齡組賽事。

2.4. Music: / 音樂 :

- The Music may be chosen by competitor(s); / 音樂由運動員自行選擇；
- The Vocal music with Lyrics **is permitted**. / 可以使用聲樂；
- The additional sounds of applause or cheers are not permitted. / 不允許使用類似於掌聲和喝采聲的聲音效果。

2.5. Size of Competition Group: / 競賽小組 :

If the numbers of entries in each event are more than 6, the competitors should be equally divided into sub-groups with the maximum number of 6 competitors in each group. Singles Girls and Boys for all Novice Divisions warm-up groups can be maximum up to eight (8) Skaters according to ISU Communication 2172.

如每一單項競賽的參賽運動員多於 6 名，則參賽選手會被盡可能平均分配在競賽小組中，每一競賽小組最多可容納 6 名運動員。根據國際滑聯 2172 號公告少年組最多可以容納八人同場熱身。

2.6. The elements, requirements and duration for each event are as follows:

各個組別規定動作及節目時間如下：



Categories 項目	Elements and requirements 動作及要求與國際滑冰聯盟(ISU)Junior 青年組的技術要求一致 <i>The sequence of the elements is optional. / 動作順序由運動員自行選定。</i> <i>No extra marks are obtained by extending the program to the maximum time allowed. / 超時後完成的動作將不被評分。The element without specification should accord with ISU Rules. / 未做詳細規定的技術動作需符合國際滑聯規則的規定。</i>
<p>Men Elite Junior 青年男子精英組</p> <p><i>In accordance with ISU Special Regulations & Technical Rules Single and Pair Skating 2018.</i> <i>與國際滑冰聯盟 2018 版技術規則要求相同</i> <i>青年組短節目和自由滑時間的要求與國際滑冰聯盟規則一致</i></p> <p>Any double jump (including double Axel) cannot be included more than <u>twice</u> in total in a Single' s Free Program (as a Solo Jump or a part of Combination / Sequence).</p> <p>Of all the triple and quadruple jumps only two (2) can be executed twice. <u>Of the two repetitions only one (1) can a quadruple jump.</u> If at least one of these executions is in a Jump Combination/Sequence, both executions are attributed their full numerical value according to the Scale of Value. If both executions are as solo jumps, the second of these solo jumps will be attributed 70% of its numerical value according to the Scale of Value.</p> <p>任何兩周跳躍 (包括兩周阿克謝爾跳) 在單人自由滑中任何兩周跳躍 (包括兩周阿克謝爾跳) 都不得超過兩次 (作為單跳或聯跳/連續跳中的一部分)。</p> <p>所有三周和四周跳躍只有兩種跳躍允許重複一次。而重覆的跳躍只可以有一個四周跳。如果其中有至少一次是在聯跳或連續跳中完成的, 則這兩個跳躍都將被正常評分。如果兩次跳躍都是在單跳中完成的, 則第二個完成的單跳將得到其原始基礎分值的 70%。</p>	<p>I. Short Program / 短節目 (2'40" ±10)</p> <ol style="list-style-type: none"> Double or triple Axel Paulsen; Double or triple Flip jump; Jump combination consisting of a double and a triple jump or two triple jumps; Flying camel spin; Sit spin with only one change of foot; Spin combination with only one change of foot; Step sequence fully utilizing the ice surface. <ol style="list-style-type: none"> 兩周或三周阿克謝爾跳; 一個兩周或三周後內點冰; 聯跳: 包括三周跳和兩周跳的聯跳或兩個三周跳的聯跳; 跳接燕式轉; 換足蹲轉; 聯合旋轉: 一次換足; 覆蓋全部冰面範圍的接續步法。 <p>II. Free Skating / 自由滑 (3'30" ±10")</p> <p><i>A well balanced Free Skating program for Junior Men must contain:</i></p> <ol style="list-style-type: none"> Maximum of 7 jump elements (one of which must be an Axel type jump). Maximum of 3 spins, one of which must be a spin combination, one a flying spin or a spin with a flying entrance and one a spin with only one position. Maximum of 1 step sequence. <ol style="list-style-type: none"> 最多七個跳躍動作, 其中至少有一個阿克謝爾跳。 最多三個旋轉: 一個聯合轉, 一個跳接轉或跳進入的旋轉和一個一種姿態旋轉。 最多一個接續步法。
<p>Ladies Elite Junior 青年女子精英組</p> <p><i>In accordance with ISU Special Regulations & Technical Rules Single and Pair Skating 2018.</i> <i>與國際滑冰聯盟 2018 版技術規則要求相同</i> <i>青年組短節目和自由滑時間的要求與國際滑冰聯盟 502 規則一致</i></p> <p>Any double jump (including double Axel) cannot be included more than <u>twice</u> in total in a Single' s Free Program (as a Solo Jump or a part of Combination / Sequence).</p> <p>Of all the triple and quadruple jumps only two (2) can be executed twice. <u>Of the two repetitions only one (1) can a quadruple jump.</u> If at least one of these executions is in a Jump Combination/Sequence, both executions are attributed their full numerical value according to the Scale of Value. If both executions are as solo jumps, the second of these solo jumps will be attributed 70% of its numerical value according to the Scale of Value.</p> <p>任何兩周跳躍 (包括兩周阿克謝爾跳) 在單人自由滑中任何兩周跳躍 (包括兩周阿克謝爾跳) 都不得超過兩次 (作為單跳或聯跳/連續跳中的一部分)。</p> <p>所有三周和四周跳躍只有兩種跳躍允許重複一次。而重覆的跳躍只可以有一個四周跳。如果其中有至少一次是在聯跳或連續跳中完成的, 則這兩個跳躍都將被正常評分。如果兩次跳躍都是在單跳中完成的, 則第二個完成的單跳將得到其原始基礎分值的 70%。</p>	<p>I. Short Program / 短節目 (2'40" ±10)</p> <ol style="list-style-type: none"> Double Axel Paulsen; Double or triple Flip jump; Jump combination consisting of two double jumps or one double and one triple jump or two triple jumps; Flying camel spin; Layback or sideways leaning spin or sit spin without change of foot Spin combination with only one change of foot; Step sequence fully utilizing the ice surface. <ol style="list-style-type: none"> 兩周阿克謝爾跳; 一個兩周或三周後內點冰; 聯跳: 包括兩個兩周跳的聯跳或三周跳和兩周跳的聯跳或兩個三周跳的聯跳; 跳接燕式轉; 向後或向側後方弓身轉或不換足的蹲轉 聯合旋轉: 一次換足; 覆蓋全部冰面範圍的接續步法。 <p>II. Free Skating / 自由滑 (3'30" ±10")</p> <p><i>A well balanced Free Skating program for Junior Ladies must contain:</i></p> <ol style="list-style-type: none"> Maximum of 7 jump elements (one of which must be an Axel type jump). Maximum of 3 spins, one of which must be a spin combination, one a flying spin or a spin with a flying entrance and one a spin with only one position. Maximum of 1 step sequence. <ol style="list-style-type: none"> 最多七個跳躍動作, 其中至少有一個阿克謝爾跳。 最多三個旋轉: 一個聯合轉, 一個跳接轉或跳進入的旋轉和一個一種姿態旋轉。 最多一個接續步法。



<p>Men / Ladies Basic Junior 初級青年男子/女子組</p> <p>Triple and quadruple jumps are NOT permitted. 不允許三周和四周跳躍。</p> <p>Any double jump (including double Axel) cannot be included more than twice in total in a Single' s Free Program (as a Solo Jump or a part of Combination/Sequence). 在單人自由滑中任何兩周跳躍（包括兩周阿克謝爾跳）都不得超過兩次（作為單跳或聯跳/連續跳中的一部分）。</p>	<p>I. Short Program / 短節目 (2'20"±10)</p> <p>a) Single Axel Paulsen; b) Double <u>Flip</u> jump; c) Jump combination consisting of one double and one single jump; d) Men: Camel Spin without change of foot (minimum of 6 revolutions); Ladies: Layback or sideways leaning spin or camel spin without change of foot (minimum of 6 revolutions); e) Spin combination with only one change of foot (minimum of 5 revolutions on each foot); f) Step sequence fully utilizing the ice surface.</p> <p>1) 一周阿科謝爾跳； 2) 一個兩周後內點冰； 3) 聯跳：一個兩周跳和一個一周跳構成的聯跳； 4) 男子：不換足的燕式轉（至少6圈）； 女子：向後或向側方弓身轉或不換足的燕式轉（至少6圈）； 5) 聯合旋轉：一次換足（每隻腳至少5圈）； 6) 覆蓋全部冰面範圍的接續步法。</p> <p>II. Free Skating / 自由滑 (3'00"±10) <i>A well balanced Free Skating program for Basic Junior must contain:</i></p> <p>a) Maximum 5 jump elements one of which must be an Axel type jump. There may be up to 2 jump combinations or sequences. A jump combination can contain only 2 jumps. b) Maximum of 3 spins, one of which must be a spin combination, one a flying spin or a spin with a flying entrance and one a spin with only one position. c) Maximum of 1 step sequence.</p> <p>1) 最多五個跳躍動作，其中至少有一個阿科謝爾跳。最多允許兩個聯跳或連續跳，聯跳只能由兩個單跳構成。 2) 最多三個旋轉：一個聯合轉，一個跳接轉或跳進入的旋轉和一個一種姿態旋轉 3) 最多一個接續步法。</p>
<p>Boys Advanced Novice 高級少年男子組</p> <p><i>In accordance with ISU Communications 2172</i> 與國際滑冰聯盟公報第 2172 號的技術要求相同。</p> <p>Advanced Novice Levels: in all elements which are subject to Levels, only features up to Level 3 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel. 高級少年組動作級別：三級難度為所有被評判級別動作的最高難度。超過三級難度所需的定級條件將被技術組忽略。</p> <p>Advanced Novice Program Components are only judged in : 高級少年組節目內容分只有四個專案將評判： - Skating Skills / 滑行技術 - Transitions/ 動作銜接 - Performance / 表演 - Interpretation/ 音樂表達</p>	<p>I. Short Program / 短節目 (2'20"±10)</p> <p>a) Axel Paulsen or double Axel Paulsen; b) Double or triple jump, may not repeat jump a); c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump a) or b); d) Camel, sit or upright spin (minimum of five (5) revolutions on each foot) with change of foot and no flying entrance; e) Spin combination with only one change of foot (minimum of five (5) revolutions on each foot). Flying entry is allowed; f) One step sequence fully utilization of the ice surface.</p> <p>1) 一周或兩周阿科謝爾跳； 2) 兩周或三周跳, 不能重複 1) ； 3) 聯跳：包括一個三周跳和一個兩周跳的聯跳或兩個兩周跳的聯跳, 不能重複 1)和 2) ； 4) 換足燕式轉或蹲轉或直立轉(至少 5 圈)，不允許跳進； 5) 聯合旋轉：一次換足並允許跳進（每只腳至少 5 圈）； 6) 覆蓋全部冰面範圍的接續步法。</p>



<p>PCS Factor/ 節目內容分係數： SP: / 短節目：0.9 FS: / 自由滑：1.8</p>	<p>II. Free Skating / 自由滑 (3'00" ±10") <i>A well balanced Free Skating program for Advanced Novice Boys must contain:</i></p> <p>a) <u>Maximum 6 jump elements one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. A jump sequence consists of two (2) jumps of any number of revolutions, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. Only two (2) triple jumps can be repeated either in a jump combination or a jump sequence. No quadruple jumps are allowed. Any single, double (including Double Axel) or triple jump cannot be executed more than twice in total.</u></p> <p>b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination with change of foot (minimum eight (8) revolutions, flying entrance is not allowed and one must be a flying spin (minimum (6) revolutions) or a spin in one position with change of foot and a flying entrance (minimum (8) revolutions)</p> <p>c) There must be a maximum of one (1) step sequence fully utilizing the ice surface.</p> <p>1) 最多六個跳躍動作，其中至少有一個阿科謝爾跳。最多允許兩個聯跳或連續跳。一個連續跳由兩個不限周數的跳躍動作組成，開始於任何跳躍，然後立即接一個阿科謝爾跳，第一個跳躍的落冰弧線直接換足進入第二個跳躍的起跳弧線。最多兩種三周跳躍在聯跳和/或連續跳中重複一次。不允許四周跳。任何種類的一周和兩周跳躍（包括兩周半）或者三周跳，總計不能完成超過兩次。</p> <p>2) 最多兩個不同的旋轉（簡寫不同）：一個必須是換足聯合轉（最少 8 圈），不允許跳進入。另一個是跳接轉（最少 6 圈），或者一個以跳進入換足的一種姿勢的旋轉（最少 8 圈）。</p> <p>3) 最多一個覆蓋全部冰面範圍的接續步法。</p>
<p>Girls Advanced Novice 高級少年女子組</p> <p><i>In accordance with ISU Communications 2172 與國際滑聯公報第 2172 號的技術要求相同。</i></p> <p>Advanced Novice Levels: in all elements which are subject to Levels, only features up to Level 3 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel. 高級少年組動作級別：三級難度為所有被評判級別動作的最高難度。超過三級難度所需的定級條件將被技術組忽略。</p> <p>Advanced Novice Program Components are only judged in / 高級少年組節目內容分只有四個專案將評判： - Skating Skills / 滑行技術 - Transitions/ 動作銜接 - Performance/ 表演 - Interpretation/ 音樂表達</p>	<p>I. Short Program / 短節目 (2'20" ±10)</p> <p>a) Axel Paulsen or double Axel Paulsen; b) Double or triple jump, may not repeat jump a); c) One Jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump a) or b); d) Layback or sideways leaning spin or spin in one basic position with no change of foot(minimum six (6) revolutions); e) Spin combination with only one change of foot (minimum of five (5) revolutions on each foot). Flying entry is allowed; f) One step sequence fully utilization of the ice surface.</p> <p>1) 一周或兩周阿科謝爾跳； 2) 兩周或三周跳（不能重複 1）； 3) 聯跳包括一個三周跳和一個兩周跳的聯跳或兩個兩周跳的聯跳（不能重複 1 和 2）； 4) 向後或向側方弓身轉或不換足的一種姿勢轉（至少 6 圈）； 5) 聯合旋轉：一次換足並允許跳進（每只腳至少 5 圈）； 6) 覆蓋全部冰面範圍的接續步法。</p>



<p>PCS Factor: / 節目內容分係數: SP: / 短節目 : 0.8 FS: / 自由滑 : 1.6</p>	<p>II. Free Skating / 自由滑 (3'00"±10") <i>A well balanced Free Skating program for Advanced Novice Girls must contain:</i></p> <p>a) Maximum 6 jump elements one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequence. A jump combination can contain only 2 jumps. A jump sequence consists of two (2) jumps of any number of revolutions, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. Only two (2) triple jumps can be repeated either in a jump combination or a jump sequence. No quadruple jumps are allowed. Any single, double (including Double Axel) or triple jump cannot be executed more than twice in total.</p> <p>b) There must be a maximum of 2 spins of a different nature, one of which must be a spin combination with change of foot (minimum eight(8) revolutions, flying entrance is not allowed and one must be a flying spin(minimum (6) revolutions)or a spin in one position with Change of foot and a flying entrance (minimum (8) revolutions)</p> <p>c) There must be a maximum of 1 step sequence fully utilizing the ice surface.</p> <p>1) 最多六個跳躍動作，其中至少有一個阿科謝爾跳。最多允許兩個聯跳或連續跳。一個連續跳由兩個不限周數的跳躍動作組成，開始於任何跳躍，然後立即接一個阿科謝爾跳，第一個跳躍的落冰弧線直接換足進入第二個跳躍的起跳弧線。最多兩種三周跳躍在聯跳和/或連續跳中重複一次。不允許四周跳。任何種類的一周和兩周跳躍（包括兩周半）或者三周跳，總計不能完成超過兩次。</p> <p>2) 最多兩個不同的旋轉（簡寫不同）：一個必須是換足聯合轉(最少 8 圈)，不允許跳進入。另一個是跳接轉(最少 6 圈)，或者一個以跳進入換足的一種姿勢的旋轉(最少 8 圈)。</p> <p>3) 最多一個覆蓋全部冰面範圍的接續步法。</p>
<p>Boys / Girls Intermediate Novice 中級少年男子/女子組</p> <p>Free Skating based on ISU Communications 2172 自由滑根據國際滑聯公報第 2172 號的技術要求制訂。</p> <p>Intermediate Novice Levels: in all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel. 中級少年組動作級別：二級難度為所有被評判級別動作的最高難度。超過二級難度所需的定級條件將被技術組忽略。</p> <p>Intermediate Novice Program Components are only judged in /中級少年組節目內容分只有三個專案將評判： - Skating Skills/ 滑行技術 - Performance/Execution / 表演 - Interpretation /音樂表達</p> <p>PCS Factor: /節目內容分係數： Boys FS: / 男子自由滑 : 2.0 Girls FS: / 女子自由滑 : 1.7</p> <p>Fall Deduction: 0.5 跌倒扣分 : 0.5</p>	<p>I. Free Skating / 自由滑 (3'00"±10") <i>A well balanced Free Skating program for Basic Novice Subgroup B must contain:</i></p> <p>a) Maximum of 5 jump elements one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence consists of two(2) jumps of any revolutions, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jumps to the take-off curve of the Axel jump. No triple and quadruple jump allowed. Any single and double jump (including Double Axel) cannot be executed more than twice in total.</p> <p>b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination with change of foot (minimum eight (8) revolutions), flying entrance is not allowed and one must be a flying spin (minimum six (6) revolutions) or spin in one position with change of foot and a flying entrance (minimum of eight (8) revolutions).</p> <p>c) There must be a maximum one (1) step sequence fully utilizing the ice surface.</p> <p>1) 最多五個跳躍動作，其中至少有一個阿科謝爾跳。最多允許兩個聯跳或連續跳。一個連續跳由兩個不限周數的跳躍動作組成，開始於任何跳躍，然後立即接一個阿科謝爾跳，第一個跳躍的落冰弧線直接換足進入第二個跳躍的起跳弧線。最多兩種三周跳躍在聯跳和/或連續跳中重複一次。不允許四周跳。任何種類的一周和兩周跳躍（包括兩周半）或者三周跳，總計不能完成超過兩次。</p> <p>2) 最多兩個不同的旋轉（簡寫不同）：一個必須是換足聯合轉(最少 8 圈)，不允許跳進入。另一個是跳接轉(最少 6 圈)，或者一個以跳進入換足的一種姿勢的旋轉(最少 8 圈)。</p> <p>3) 最多一個覆蓋全部冰面範圍的接續步法。</p>



Boys / Girls

Basic Novice

初級少年男子/女子組

Free Skating based on ISU Communications 2172 自由滑根據國際滑聯公報第 2172 號的技術要求制訂。

Basic Novice Levels: in all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

初級少年組動作級別：二級難度為所有被評判級別動作的最高難度。超過二級難度所需的定級條件將被技術組忽略。

Basic Novice Program Components are only judged in / 初級少年組節目內容分只有兩個專案將評判：

- Skating Skills/ 滑行技術
- Performance/Execution / 表演

PCS Factor / 節目內容分係數：

FS: / 自由滑：2.5

Fall Deduction/ 跌倒扣分: 0.5

I. Free Skating / 自由滑 (2'30" ±10")

A well balanced Free Skating program for Basic Novice Subgroup A must contain:

- a) Maximum of 4 jump elements one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. Jump combination can contain only two (2) jumps. A jump sequence consists of two (2) jumps of any number of revolutions, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jumps to the take curve of the Axel jump.
No triple and quadruple jumps are allowed. Any single and double jump (including Double Axel) cannot be executed more than twice in total.
- b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination and one must be a spin with no change of position.
The spin combination can be executed with a change of foot and minimum of eight (8) revolutions or without a change of foot with a minimum of six (6) revolutions
The spin with no change of position can be executed with a change of foot and minimum of eight (8) revolutions or without a change of foot and a minimum of six (6) revolution.
In both spins flying entries are allowed.
- c) There must be one (1) step sequence with fully utilizing the ice surface.

- 1) 最多四個跳躍動作，其中至少有一個阿科謝爾跳。最多允許兩個聯跳或連續跳。一個連續跳由兩個不限周數的跳躍動作組成，開始於任何跳躍，然後立即接一個阿科謝爾跳，第一個跳躍的落冰弧線直接換足進入第二個跳躍的起跳弧線。最多兩種三周跳躍在聯跳和/或連續跳中重複一次。不允許三周跳。任何種類的一周和兩周跳躍（包括兩周半），總計不能完成超過兩次。
- 2) 最多兩個不同種類的旋轉：其中一個是聯合旋轉，一個是不姿勢的旋轉。如果聯合旋轉選擇換足，旋轉圈數最少 8 圈，如果選擇不換足的聯合旋轉，圈數最少 6 圈。不換姿勢的旋轉如果選擇換足最少 8 圈，如果選擇不換足最少 6 圈。兩個旋轉都允許跳進。
- 3) 覆蓋全部冰面範圍的接續步法。

Boys / Girls

Advanced Pre-Novice

高級兒童男子/女子組

Advanced Pre-Novice Levels: in all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

高級兒童組動作級別：二級難度為所有被評判級別動作的最高難度。超過二級難度所需的定級條件將被技術組忽略。

Advanced Pre-Novice Program Components are only judged in / 高級兒童組節目內容分只有三個專案將評判：

- Skating Skills / 滑行技術
- Performance/ 表演
- Interpretation / 音樂表達

PCS Factor / 節目內容分係數：

FS: / 自由滑：2.0

Fall Deduction / 跌倒扣分：0.5

I. Free Skating / 自由滑 (1'50" ±10")

A well balanced Free Skating program for Advanced Pre-Novice must contain:

- a) Maximum of four (4) jump elements. There may be up to two (2) jump combinations and contain only two (2) jumps.
- b) Maximum of two (2) spins of a different nature. There may be up to one (1) spin combination (without change of foot: minimum of five (5) revolutions; with change of foot: minimum of three (3) revolutions on each foot).
- c) There must be a maximum one (1) choreographic sequence . The sequence will have a fixed Base value and evaluated in GOE only.

- 1) 最多四個跳躍動作。最多允許兩個聯跳，只能由兩個單跳構成。
- 2) 最多兩個不同的旋轉，其中只允許一個聯合轉（不換足至少 5 圈，換足每只腳至少 3 圈）。
- 3) 一個編排步法，該編排步法將不被評定級別而直接給固定的基礎分值，裁判員將對動作完成品質進行評判。



<p>Boys / Girls Basic Pre-Novice 初級兒童男子/女子組</p> <p>Triple jumps are NOT permitted. 不允許三周跳躍。</p> <p>Basic Pre-Novice Levels: in all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel. 初級兒童組動作級別：二級難度為所有被評判級別動作的最高難度。超過二級難度所需的定級條件將被技術組忽略。</p> <p>Basic Pre-Novice Program Components are only judged in 初級兒童組節目內容分只有兩個專案將評判： - Skating Skills / 滑行技術 - Performance/表演</p> <p>PCS Factor/ 節目內容分係數： FS: / 自由滑：2.5 Fall Deduction / 跌倒扣分：0.5</p>	<p>I. Free Skating / 自由滑 (1'30" ±10") <i>A well balanced Free Skating program for Basic Pre-Novice must contain:</i></p> <p>a) Maximum of three (3) jump elements. There may be up to <u>one (1)</u> jump combinations and contain only two (2) jumps.</p> <p>b) Maximum of two (2) spins of a different nature. There may be up to one (1) spin combination (without change of foot: minimum of five (5) revolutions; with change of foot: minimum of three (3) revolutions on each foot).</p> <p>c) There must be a maximum one (1) choreographic sequence. The sequence will have a fixed Base value and evaluated in GOE only.</p> <p>1) 最多三個跳躍動作。最多允許一個聯跳，聯跳只能由兩個單跳構成； 2) 最多兩個不同的旋轉，其中只允許一個聯合轉（不換足至少5圈，換足每只腳至少3圈）； 3) 一個編排步法，該編排步法將不被評定級別而直接給固定的基礎分值，裁判員將對動作完成品質進行評判。</p>
<p>Boys / Girls Advanced Juvenile 高級幼兒男子/女子組</p> <p>Triple jumps are NOT permitted. 不允許三周跳躍。</p> <p>Advanced Juvenile Levels: in all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel. 高級幼兒組動作級別：二級難度為所有被評判級別動作的最高難度。超過二級難度所需的定級條件將被技術組忽略。</p> <p>Advanced Juvenile Program Components are judged in 高級幼兒組節目內容分： - Skating Skills 滑行技術 - Performance 表演 - Interpretation 音樂表達</p> <p>PCS Factor 節目內容分係數： FS: / 自由滑：2.5 Fall Deduction / 跌倒扣分：0.5</p>	<p>I. Free Skating / 自由滑 (1'15" ±10") <i>A well balanced Free Skating program for Advanced Juvenile must contain:</i></p> <p>a) Maximum of three (3) jump elements. There may be up to one (1) jump combination and contain only two (2) jumps.</p> <p>b) Maximum of two (2) spins of a different nature one of which must be an upright spin on one foot (without change of foot: minimum of five (5) revolutions; with change of foot: minimum of three (3) revolutions on each foot).</p> <p>c) There must be a maximum one (1) choreographic sequence. The sequence will have a fixed Base value and evaluated in GOE only.</p> <p>1) 最多三個跳躍動作。最多允許一個聯跳，聯跳只能由兩個跳躍構成。 2) 最多兩個不同的旋轉，其中一個必須為單足直立轉（不換足至少5圈，換足每只腳至少3圈）； 3) 一個編排步法，該編排步法將不被評定級別而直接給固定的基礎分值，裁判員將對動作完成品質進行評判。</p>
<p>Boys / Girls Basic Juvenile 初級幼兒男子/女子組</p> <p>Only single jumps are permitted. 只允許一周跳躍。</p> <p>Basic Juvenile Levels: in all elements which are subject to Levels, only features up to Level 1 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel. 初級幼兒組動作級別：一級難度為所有被評判級別動作的最高難度。超過一級難度所需的定級條件將被技術組忽略。</p> <p>Basic Juvenile Program Components are judged in 初級幼兒組節目內容分： - Skating Skills / 滑行技術 - Performance / 表演 - Interpretation / 音樂表達</p> <p>PCS Factor / 節目內容分係數： FS: / 自由滑：2.5 Fall Deduction / 跌倒扣分：0.5</p>	<p>I. Free Skating / 自由滑 (1'00" ±10") <i>A well balanced Free Skating program for Basic Juvenile must contain:</i></p> <p>a) Maximum of 3 jump elements, one of which must be a Waltz Jump. There may be up to (one) 1 jump combination and contain only two (2) jumps.</p> <p>b) Maximum of two (2) spins of a different nature one of which must be an upright spin on two feet (minimum of 3 revolutions).</p> <p>c) There must be a maximum <u>one</u> (1) choreographic sequence. The sequence will have a fixed Base value and evaluated in GOE only.</p> <p>1) 最多三個跳躍動作，其中至少有一個華爾滋跳。最多允許一個聯跳，聯跳只能由兩個單跳構成。 2) 最多兩個不同的旋轉，其中一個必須為雙足直立轉（至少3圈）。 3) 一個編排步法，該編排步法將不被評定級別而直接給固定的基礎分值，裁判員將對動作完成品質進行評判。</p>

- *The spins without specification in Free Skating, change of foot is optional, and subject to other technical regulations.*

在自由滑節目未做詳細規定的旋轉中，運動員可以自行選擇是否換足，但需符合規則中的其它規定。



2.7. The Referee and the Technical Panel are required to attend the Opening Ceremony and the Draws.

受邀請裁判長及技術專家組成員需參加開幕儀式和抽籤。

2.8. The elements, requirements and duration for each Additional Categories are as follows:

附加賽事規定動作及節目時間如下：

*Each association should be able to increase the **Synchronized Skating, Ice Dance and Pairs** or the following additional categories/segments according to their own decision but the elements and requirements for the Synchronized Skating, Ice Dance and Pairs must be accorded with ISU rules and should not be changed.*

每個協會可以根據自己的情況自己增加以下的附加比賽專案和隊列滑、冰舞及雙人滑。所有隊列滑、冰舞及雙人滑的設項內容必須跟隨 ISU 比賽的技術宗旨和要求，不得擅自更改。

<p>Junior Men / Ladies Jump Contest (≤ 1'30") 青年男子/女子跳躍比賽</p> <p>Only Element Score will be award. 只評判技術動作分</p>	<p>a) Maximum of 4 different jump elements; b) Only 1 jump combination or 1 jump sequence can be performed, the other Three must be solo jumps; c) No marks are obtained by extending the program to the maximum time allowed.</p> <p>1) 最多四個不同的跳躍動作； 2) 只允許完成一個聯跳或一個連續跳，其它三個跳躍動作需完成單跳； 3) 超時之後的動作將不被評分。</p>
<p>Novice / Pre-Novice / Juvenile Boys / Girls Jump Contest (≤ 1'10") 少年/兒童/幼兒 男子/女子跳躍比賽</p> <p>Only Element Score will be award. 只評判技術動作分</p>	<p>a) Maximum of 3 different jump elements; b) Only 1 jump combination or 1 jump sequence can be performed; c) Only double or single jumps can be executed; d) No marks are obtained by extending the program to the maximum time allowed.</p> <p>1) 最多三個不同的跳躍動作； 2) 其中只允許一個聯跳或連續跳； 3) 只允許完成一周跳或兩周跳； 4) 超時之後的動作將不被評分。</p>
<p>Junior Men / Ladies Spin Contest (≤ 1'15") 青年男子/女子旋轉比賽</p> <p>Only Element Score will be award. 只評判技術動作分</p>	<p>a) Maximum of 3 different spins; b) Which must be 1 spin combination (change of foot is optional), 1 flying spin (with no change of foot and no change of position) and 1 spin with only one position; c) No marks are obtained by extending the program to the maximum time allowed.</p> <p>1) 最多三個不同的旋轉動作； 2) 一個聯合旋轉（可選換足或不換足），一個跳接轉（不換足不換姿勢），一個一種姿態旋轉； 3) 超時之後的動作將不被評分。</p>
<p>Novice / Pre-Novice/ Juvenile Boys / Girls Spin Contest (≤ 1') 少年/兒童/幼兒 男子/女子旋轉比賽</p> <p>Only Element Score will be award. 只評判技術動作分</p>	<p>a) Maximum of 3 different spins; b) Only 1 spin combination (change of foot is optional) can be performed; c) No marks are obtained by extending the program to the maximum time allowed.</p> <p>1) 最多三個不同的旋轉動作； 2) 只允許完成一個聯合旋轉（可選換足或不換足），另外兩個旋轉自選； 3) 超時之後的動作將不被評分。</p>



<p>Adult Skating Performance Interpretive Free Skating Male / Female (2'00 ±10") 成年組表演滑</p> <p>Triple and quadruple jumps are NOT permitted. only features up to Level 1 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.</p> <p>不允許三周和四周跳躍。 一級難度為所有被評判級別動作的最高難度。超過一級難度所需的定級條件將被技術組忽略。</p> <p>PCS Factor: 1.6 節目內容分係數：1.6</p>	<p><i>A well balanced Interpretive Free Skating program for Adult Skating Program must contain:</i></p> <p>a) Maximum of 4 jump elements. There may be up to 2 jump combinations. Any Single, Double jumps can be repeated only once;</p> <p>b) Maximum of two (2) spins of a different nature. There may be up to one (1) spin combination (without change of foot: minimum of five (5) revolutions; with change of foot: minimum of three (3) revolutions on each foot).</p> <p>c) There must be a maximum one (1) choreographic sequence. The sequence will have a fixed Base value and evaluated in GOE only.</p> <p>1) 最多四個跳躍動作。最多允許兩個聯跳。任何一周、兩周跳只允許重複一次； 2) 最多兩個不同的旋轉，其中只允許一個聯合轉（不換足至少5圈，換足每只腳至少3圈）； 3) 一個編排步法，該編排步法將不被評定級別而直接給固定的基礎分值，裁判員將對動作完成品質進行評判。</p>
<p>Single / Couple / Group Performance (2'00" ±10") 單人/雙人/小組表演節目</p> <p>Only Program Component Score will be award. Performance Program Components are judged in 表演節目的節目內容分： - Skating Skills / 滑行技術 - Performance / 表演 - Interpretation / 音樂表達</p> <p>PCS Factor / 節目內容分係數： PE: /表演節目：2.5 Fall Deduction / 跌倒扣分：0.5 只評判節目內容分</p>	<p>a) The ability of skating skill and interpretation of music;</p> <p>b) Only simply single jump allowed;</p> <p>c) Various spins positions and step sequence are allowed;</p> <p>d) The program should reflect the character, style and rhythm of the music;</p> <p>1) 滑行技術以及音樂表達是評分重點； 2) 只允許完成一周跳； 3) 允許旋轉和接續步； 4) 節目編排需反映音樂的韻律、風格和特點。</p>
<p>Boys / Girls Intermediate Novice 中級少年男子/女子組</p> <p>Intermediate Novice Levels: in all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel. 中級少年組動作級別：二級難度為所有被評判級別動作的最高難度。超過二級難度所需的定級條件將被技術組忽略。</p> <p>Intermediate Novice Program Components are only judged in： 中級少年組節目內容分只有三個專案將評判： - Skating Skills 滑行技術 - Performance/Execution 表演完成 - Interpretation 音樂表達</p> <p>PCS Factor 節目內容分係數： SP / 短節目：1.0 Fall Deduction / 跌倒扣分：0.5</p>	<p>I. Short Program / 短節目 (≤ 1'50")</p> <p>a) Single Axel Paulsen;</p> <p>b) Single or double jump, may not repeat jump in a);</p> <p>c) <u>Jump combination consisting of two single jumps or one single and one double jump, both jumps may not repeat jump a) or b);</u></p> <p>d) Camel Spin without change of foot (minimum of 5 revolutions);</p> <p>e) Sit spin with only one change of foot(minimum of 3 revolutions on each foot);</p> <p>f) One step sequence with full utilization of the ice surface.</p> <p>1) 一周阿科謝爾跳； 2) 一個一周或兩周跳（不能重複1）； 3) <u>聯跳：兩周跳加一周跳或兩個一周跳（不能重複1和2）</u>； 4) 不換足的燕式轉（至少5周）； 5) 一次換足的蹲轉（每只腳至少3周）； 6) 覆蓋全部冰面範圍的接續步法。</p>



<p>Boys / Girls Basic Novice 初級少年男子/女子組</p> <p>Basic Novice Levels: in all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.</p> <p>初級少年組動作級別：二級難度為所有被評判級別動作的最高難度。超過二級難度所需的定級條件將被技術組忽略。</p> <p>Basic Novice Program Components are only judged in 初級少年組節目內容分只有兩個專案將評判： - Skating Skills / 滑行技術 - Performance / 表演</p> <p>PCS Factor / 節目內容分係數： SP / 短節目：1.0 Fall Deduction / 跌倒扣分：0.5</p>	<p>I. Short Program / 短節目 (≤ 1'50")</p> <p>a) Single Axel Paulsen; b) Single jump, may not repeat jump in a); c) <u>Jump combination consisting of two single jumps, both jumps may not repeat jump a) or b);</u> d) Camel Spin without change of foot (minimum of 5 revolutions); e) Sit spin with only one change of foot(minimum of 3 revolutions on each foot); f) One step sequence with full utilization of the ice surface.</p> <p>1) 一周阿科謝爾跳； 2) 一個一周跳（不能重複 1）； 3) <u>聯跳：兩個一周跳（不能重複 1 和 2）；</u> 4) 不換足的燕式轉（至少 5 周）； 5) 一次換足的蹲轉（每只腳至少 3 周）； 6) 覆蓋全部冰面範圍的接續步法。</p>
<p>Boys / Girls Advanced Pre-Novice 兒童男子/女子 A 組</p> <p>Advanced Pre-Novice Levels: in all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.</p> <p>高級兒童組動作級別：二級難度為所有被評判級別動作的最高難度。超過二級難度所需的定級條件將被技術組忽略。</p> <p>Advanced Pre-Novice Program Components are only judged in 高級兒童組節目內容分只有三個專案將評判： - Skating Skills / 滑行技術 - Performance/ 表演 - Interpretation / 音樂表達</p> <p>PCS Factor / 節目內容分係數： SP / 短節目：1.0 Fall Deduction / 跌倒扣分：0.5</p>	<p>I. Short Program / 短節目 (≤ 1'40")</p> <p>a) Single Axel Paulsen; b) Single or double jump not repeat jump in a); c) Jump combination consisting of two single jumps or one single and one double jump, both jumps may not repeat jump in a) or b); d) Sit Spin (minimum of 4 revolutions); e) Upright spin with only one change of foot (minimum of 3 revolutions on each foot); f) Choreographic sequence. The sequence will have a fixed Base value and evaluated in GOE only.</p> <p>1) 一周阿科謝爾跳； 2) 一周或兩周跳（不能重複 1）； 3) <u>聯跳：兩周跳+一周跳或兩個一周跳（不能重複 1 和 2）；</u> 4) 蹲轉（至少 4 周）； 5) 只允許一次換足的直立轉（每只腳至少 3 周）； 6) 編排步法，該編排步法將不被評定級別而直接給固定的基礎分值，裁判員將對動作完成品質進行評判。</p>
<p>Boys / Girls Basic Pre-Novice 初級兒童男子/女子組</p> <p>Triple jumps are NOT permitted. 不允許三周跳躍。</p> <p>Basic Pre-Novice Levels: in all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.</p> <p>初級兒童組動作級別：二級難度為所有被評判級別動作的最高難度。超過二級難度所需的定級條件將被技術組忽略。</p> <p>Basic Pre-Novice Program Components are only judged in 初級兒童組節目內容分只有兩個專案將評判： - Skating Skills / 滑行技術 - Performance/表演</p> <p>PCS Factor / 節目內容分係數： SP: / 短節目：1.0 Fall Deduction / 跌倒扣分：0.5</p>	<p>I. Short Program / 短節目 (≤ 1'30")</p> <p>a) Single Loop; b) Jump combination consisting of two single jumps, may not repeat jump in a); c) Upright spin on two feet (minimum of 6 revolutions); d) Upright spin on one foot(minimum of 5 revolutions); e) <u>Choreographic sequence.</u> The sequence will have a fixed Base value and evaluated in GOE only.</p> <p>1) 一周魯普跳； 2) <u>聯跳：兩個一周跳（不能重複 1）；</u> 3) 雙足直立轉（至少 6 周）； 4) 單足直立轉（至少 5 周）； 5) 編排步法，該編排步法將不被評定級別而直接給固定的基礎分值，裁判員將對動作完成品質進行評判</p>



<p>Boys / Girls Advanced Juvenile 高級幼兒男子/女子組</p> <p>Advanced Juvenile Program Components are judged in 高級幼兒 A 組只評判節目內容分： - Skating Skills / 滑行技術 - Performance/表演 - Choreography / 藝術編排 - Interpretation/ 音樂表達</p> <p>PCS Factor / 節目內容分係數： IF / 表演自由滑：2.5 Fall Deduction/ 跌倒扣分：0.5</p>	<p>I. Interpretive Free Skating / 表演自由滑 (1'00"±10") NO element score will be awarded, only program components score will be awarded. 技術動作分將不被評判，只有節目內容分將被評判。</p> <p>a) The variety of steps, turns and movements are required to express the character, style and rhythm of the music; b) Only the small jump-like movement with not more than half a revolution is permitted; c) The spins and step sequences are allowed; d) The clothing may reflect the character of the music.</p> <p>1) 用多種步法、轉體和動作去表達音樂的特點、風格和韻律； 2) 只允許完成不超過半周的小跳； 3) 允許旋轉和接續步； 4) 服裝需反映音樂的特點。</p>
<p>Boys / Girls Basic Juvenile 初級幼兒男子/女子組</p> <p>Basic Juvenile Program Components are judged in 初級幼兒組只評判節目內容分： - Skating Skills/ 滑行技術 - Performance/ 表演 - Choreography / 藝術編排 - Interpretation / 音樂表達</p> <p>PCS Factor / 節目內容分係數： IF: / 表演自由滑：2.5 Fall Deduction / 跌倒扣分：0.5</p>	<p>I. Interpretive Free Skating / 表演自由滑 (1'00"±10") NO element score will be awarded, only program components score will be awarded. 技術動作分將不被評判，只有節目內容分將被評判。</p> <p>a) The variety of steps, turns and movements are required to express the character, style and rhythm of the music; b) Only the small jump-like movement with not more than half a revolution is permitted; c) The spins and step sequences are allowed; d) The clothing may reflect the character of the music.</p> <p>1) 用多種步法、轉體和動作去表達音樂的特點、風格和韻律； 2) 只允許完成不超過半周的小跳； 3) 允許旋轉和接續步； 4) 服裝需反映音樂的特點。</p>
<p>Mixed Age SYNCHRONIZED SKATING 混合年齡隊列滑</p> <p>Synchronized Skating only components Score will be award. 隊列滑只評價節目內容分 PCS Factor / 節目內容分係數： FS: / 自由滑：1.6</p>	<p>I. Free Skating / 自由滑 (3'00"±10") 6 to 16 skaters with a mixed age girls and boys there is no limit. One skater fall-o.5, fall over one skater-1. a) must have 2-3 elements(circle/line/intersection/block/wheel) b) must have 2-3 types of holds(arm/shoulder/waist) c) must have a change the direction 混合年齡隊列滑：音樂時間(3'00"±10") 人數 6-16 人，年齡不限，男女不限，一套節目，一人跌倒扣 0.5 分，一人以上跌倒扣 1 分。必須符合以下要求予以評分： 1) 必須有 2-3 個造型技術動作 (圓形/直線/交叉/塊狀/車輪) 2) 必須有 2-3 種握法 (手臂/肩部/腰部) 3) 必須有滑行方向的变化 (前/后/左/又)</p>

Except Junior Categories, any jumps in other categories (including single jump) cannot be included more than twice in a Single' s Free Skating (same name and the same number of revolutions as a solo jump or a part of combination /sequence). If a SECOND/third repeated jump is executed it will be treated as an additional element and therefore not be counted, received * and no value by the Technical Panel (but will block the corresponding box). If an extra jump(s) is executed, only the individual jump(s) which is not according to requirements will have no value. The jumps are considered in the order of execution.

除了青年組外，在其它組別的任何跳躍(包括一周跳)在單人自由滑節目中最多出現兩次(相同的名字並相同的周數，包括在單跳中或做為聯跳和連續跳中的一部份出現)，第二次/三次重複的跳躍動作將在視為附加動作，技術系統自動獲得*，如果完成了附加的跳躍動作，則只有不符合規則規定的單獨的跳躍沒有分數。依照動作的循序執行此項規定。

3. ENTRIES OF COMPETITORS AND TEAM MEMBERS / 參賽規定

1. All members of ASU and their registered clubs are eligible to nominate competitors to all events of all levels. The member clubs should have the written consent letter from their national association.

所有亞洲滑冰聯盟會員及其所轄俱樂部均可派遣運動員參賽，但參賽俱樂部需得到其所屬亞洲滑冰聯盟會員協會的書面批准。

2. The names of competitors **with their passport copy**, team leaders, team officials, team medical



staffs, coaches and chaperones must be listed on the entry form, which should be sent to the Organizing Committee and the Secretariat office of the Asian Junior Figure Skating Challenge not later than **January 10,2019** by fax or email:

參賽報名表格需填寫妥當, **連同參賽者的護照副本**, 於 2019 年 1 月 10 日之前通過電子郵件或傳真發送至賽事組委會和亞洲青少年花樣滑冰挑戰賽秘書處:

Organizing Committee: /組織委員會: 上海飞扬冰上运动中心

Address: No.201 Yunlian road New Pudong District, Shanghai

地址: 上海市浦东新区云莲路 201 号

Tel: / 電話: +86-13764368156

Fax: / 傳真: +86 021-60136252

E-mail: / 電子郵件: feiyang@fy-sport.com

And: / 以及:

Secretariat office of the Asian Junior Figure Skating Challenge

亞洲青少年花樣滑冰挑戰賽秘書處

Address: Room 1023, Olympic House, 1 Stadium Path, Causeway Bay, Hong Kong

地址: 香港銅鑼灣大球場徑 1 號, 奧運大樓 1023 室

Tel: / 電話: (00852) 25778010

Fax: / 傳真: (00852) 25048191

E-mail: / 電子郵件: fsasianchallenge@gmail.com

3. Amendment of any information (including Planned Program Content) of the entry will be charged as follows:

The 1st amendment request four (4) weeks before competition: Free of charge

Subsequent change request four (4) weeks before competition: 25% of the entry fee

Each amendment request two (2) weeks before competition: 50% of the entry fee

Each amendment request one (1) week before competition: 75% of the entry

Each amendment request within one (1) week before competition: 100% of the entry fee

修改任何報名資料(包括節目內容表)將收取下列行政費用:

賽前四星期第一次修改: 免費

賽前四星期第一次修改之後的每次修改: 報名費的 25%

賽前二星期每一次修改: 報名費的 50%

賽前一星期每一次修改: 報名費的 75%

賽前一星期內每一次修改: 報名費的 100%

4. ENTRIES OF JUDGES / 裁判員

- 4.1. Each participating ASU Member may nominate ONE (1) Judge for Men and ONE (1) Judge for Ladies categories if they have competitors participating, the nominated judge(s) at least with the qualification "National Judge for Singles & Pairs" (Maximum of TWO (2) Judges for each ASU Member).

每個參賽亞洲滑冰聯盟會員協會在其有運動員參賽的項目上可以提名一(1)名男子項目裁判員和一(1)名女子項目裁判員, 被提名裁判需至少獲得“國家級單雙人”裁判資格(每個參賽協會最多可提名兩(2)名裁判員)。

- 4.2. The hosting Member Federation may nominate more than TWO (2) Judges at least with the qualification "National Judge for Single & Pairs" .

主辦協會可以提名超過兩(2)名至少獲得“國家級單雙人”裁判資格的裁判員。



1.3 The official nomination form for Judges should be used for the judge nomination which should be sent to the Organizing Committee not later than January 10, 2019.

裁判員提名需使用正式裁判員提名表，該表格需在 2019 年 1 月 10 日之前發送至賽事組委會。

4.3. The Organizing Committee will provide and cover the following expenses for all Judges accepted by the Organizing Committee:

如裁判員提名得到賽事組委會正式接受，則組委會將負擔或支付如下費用：

- a) 4 nights Hotel/四晚酒店住宿；
- b) Meals: RMB200/天; / 餐費：200 人民币/天；
- c) Judge's Remuneration: Minimum **US\$300.00 or RMB2100**; / 裁判員酬金：最少美元\$300 or 2100 元人民币；
- d) All other expenses should be borne by each team/其餘費用由參賽隊自行支付。

4.5. Should any judge arrive at the hotel before or stay longer than the period described above, their room costs and expenses will be the responsibility of the individual and must be paid on arrival.

如裁判員提前抵達或停留超過上述組委會支付範圍，則所產生的相關費由需要在其抵達時自行支付。

5. EXPENSES / 費用

5.1. Entry Fee / 報名費

- a) The entry fee for the first event is **US\$180.00 or RMB1,260** for each competitor for the category with Short Program and Free Skating; for the category with Free Skating only the entry fee is **USD\$120.00**.

每個運動員首個項目(包短節目和自由滑)的報名費用為 180 美元或 **1260 元**人民币；如項目只有自由滑則報名費用為 120 美元。

- b) The entry fee for the second and subsequent event is **US\$60.00 or RMB420** for each competitor in each category;

該運動員第二個及此後各項目的報名費用為 60 美元或 **420 元**人民币。

- c) The registration fee for queue skating is **RMB2500**.

队列滑报名费为 **2500 元**人民币。

- d) The entry fee should be received by the Organizing Committee by January 10,2019.At the time of 24 January 10,2019,no registration fee was waiver.

所有報名費需 2019 年 1 月 10 日前繳交至組委會。在 2019 年 1 月 10 日 24 时仍未收到報名費當棄權論。

- e) The entry fee will not be refunded in case of withdrawals for any reason.

報名費不設退回。

5.2. The travel expenses, hotel room and meals expenses for the competitors, coaches, team leaders and other team officials will not be covered by the organizer and are on the account of the team.

參賽隊需自付旅費及食宿費。

5.3. Payment Method 付款銀行

Account Name / 收款人戶口名字： 上海星扬体育文化发展有限公司

Account No./ 賬戶號碼: 435159298975

Name of the Bank /銀行名稱: 中国银行上海市张江高科技园支行

Bank SWIFT code / 銀行國際代碼 BKCHCNBJ300

Address of the Bank / 銀行地址: 上海市浦东新区科苑路 88 号德国中心 3 号楼 1 层

Clearly point out: Asian Junior Figure Skating Challenge 2018 / name of the TEAM/ COUNTRY” on all payments.

付款備註請寫上 “2018 亞洲青少年花樣滑冰挑戰賽/隊伍名稱/國家”

A copy of the effected payments has to be sent as soon as possible to the following email address: : feiyang@fy-sport.com 付款後請將單據電郵至: : feiyang@fy-sport.com

6. OFFICIAL HOTEL / 賽事酒店

The Organizing Committee will assist the participants in the hotel reservation arrangement at the following official hotel. The official Hotel reservation form must be completed and sent to the Organizing Committee not later than January 10, 2019.

賽事組委會將根據正式酒店預訂表為參賽人員預訂如下酒店，該表格需在 **2019年1月10日** 之前發送至賽事組委會。

1. Intercontinental Shanghai Expo /上海世博洲际酒店
Address: No. 1188Xueye Road, Pudong New District, Shanghai
地址：上海市浦东新区雪野路 1188 号

Tel: / 電話：021-38581188

Room rates: / 價格：

Single/Twin: RMB 1201 / Room / Night (Including Breakfast)

单人/双人间：1201 元 /間/晚（含早餐）



2. Wassim Hotel (Shanghai World Expo Center)/万信酒店(上海世博园店)

Address: No. 551west gaoke Road, Pudong New District, Shanghai

地址：上海浦东新区高科西路 551 号

Tel: / 電話：021-58832000

Room rates: / 價格：

Single: RMB 439 / Room / Night (Including Breakfast)

单人间：439 元 /間/晚（含早餐）

Twin:RMB 720/Room/Night

双人间：720 元 /間/晚（含单人早餐）



3. Bo jiang yun chu Hotel/博江云初酒店

Address: No. 4407south pudong Road, Pudong New District, Shanghai

地址：上海浦东新区浦东南路 4407 号

Tel: / 電話：021-68366888

Room rates: / 價格：

Single: RMB 328 / Room / Night (No Breakfast)

单人间：328 元 /間/晚（不含早餐）

Twin:RMB 528/Room/Night(No Breakfast)

双人间：528 元 /間/晚（不含早餐）



Due to the limited number of rooms, the hotel reservation service will be provided based on the first-come-first-served principle. A pre-payment of the total hotel fee should be paid to the Organizing Committee before specific deadline via bank transfer, otherwise the requested hotel room cannot be guaranteed. All teams can make the hotel reservation by themselves.

由於酒店可供預訂的房間數量有限。所有通過賽事組委會進行的酒店預訂服務將遵循“先到先得”原則提供，所預定房間總房款的預繳款項應在指定截止之前通過銀行轉帳方式支付給組委會，否則所預定的酒店房間將不能被保留。各參賽隊亦可自行安排酒店住宿。

7. ARRIVAL AND TRANSPORTATIONS / 抵達及交通

The Organizing Committee will decide if they will provide transportation between airport and the official hotel.

組委會自行決定是否為所有參賽隊提供機場與賽事酒店之間的接/送交通服務。

8. PRACTICE / 賽前訓練

Official practices for competitors will begin on the date mentioned in the announcement. The detailed schedule will be issued at the time of registration.

賽前訓練將於規程內指定日期開始，詳細訓練時間將於運動員報到時發放。

9. MUSIC / PLANNED PROGRAM 節目內容表/音樂

9.1. All competitors shall furnish the competition music of excellent quality on Music CD or MP3 with High Quality format.

所有參賽運動員需使用音訊 CD 或高品質的 MP3 提交錄製良好的比賽音樂。



9.2. The music of each program must be recorded on one track respectively on a separate disc.

每一個比賽節目的音樂需分別錄製在單獨碟片上的唯一音軌中。

9.3. In accordance with ISU Rule 343, paragraph 1, all discs must show the competitor name, Categories, the Nation/Club and the exact running time of the music - not skating time - including any starting signal and must be submitted at the time of registration.

根據國際滑冰聯盟規則第 343 條第 1 款，所有碟片上應該標明運動員姓名、競賽項目、所屬協會、音樂時間（非滑冰時間）及是否包含有任何音樂開始信號，並在運動員報到時提交給組委會。

9.4. If music information is not complete and/or the music CD is not provided, accreditation will not be given.

如果音樂碟片或音樂資訊未能提交給組委會則相關運動員將不會獲得參賽註冊身份卡。

9.5. The "Planned Program Content" form must be submitted together with the entry form to the Organizing Committee before deadline. No more submission of the "Planned Program Content" form will be accepted thereafter.

"節目內容表" 需在提交報名表時一併交給組委會，在報到時提交的"節目內容表" 將不會被接受。

10. ACCREDITATION / 參賽註冊

10.1. The location of official accreditation is decided by each Organizing Committee.

賽會註冊地點各組委會先行決定。

10.2. Accreditation will be provided to those who are officially accepted by the Organizing Committee.

參賽註冊身份卡將只提給被組委會正式接受的參賽人員。

10.3. Please note that only ONE (1) coach per competitor, ONE (1) assistant team leader (for team with six (6) or more competitors), ONE (1) chaperon per competitor and a maximum of TWO (2) qualified medical staffs. The Organizing Committee reserves the rights to request for proof of the medical staff qualification.

每名參賽運動員可同時註冊一名教練員，如代表隊運動員人數超過六人，則該代表隊可以註冊一名領隊助理，每名運動員可同時註冊一名參賽陪同人員，每支代表隊最多可以註冊兩名持有正式行醫許可的醫務人員。組委會保留各已登記的醫護人員查核其專業資格的權利。

10.4. Number of team chaperones (one per competitor) must be indicated on the official entry form. US\$13.00 will be charged for each extra chaperone accreditation card.

運動員陪同人員數量(每名運動員一名)需在賽事報名表中一同提交。如需申請額外參賽陪同卡，每張需繳付 13 美元。

10.5. The Organizing Committee reserves the rights to refuse any extra accreditation application.

組委會保留拒絕額外參賽陪同卡申請的權利。

11. DRAWS – ORDER OF SKATING / 抽籤及比賽出場順序

11.1. The draws for the order of first segment of each category will take place during the first official practice. The dates, places and time will be provided during accreditation.

所有比賽專案第一個節目的比賽出場順序抽籤將於賽事第一次正式訓練時通過抽籤形式決定。具體日期及時間將在運動員進行參賽註冊時公佈。

11.2. The starting order for the second segment will be in the reverse order of the first segment competition result. In case of tie, a draw will be done to determine the order.

所有比賽項目第一個節目比賽結束後將不會進行抽籤。第二個節目的比賽出場順序將根據第一個節目成績的倒序進行。如果有平分情況出現，則將會通過抽籤決定平分運動員的比賽出場順序。

12. PROTEST AND ARBITRATION / 申訴與仲裁



The contents in "Declaration for All Participants" apply to all participants, the protest regarding the competition result must be lodged with the Organizing Committee in writing and submitted within thirty (30) minutes after the conclusion of the related competition segment. An administration fee of US\$80 will be charged for each submission of protest. The participants should not interrupt or manipulate the technical panel, referee and judges in any manner. The superior arbitration organization is the Arbitration Committee of Organizing Committee.

所有參與者均服從“參賽人員聲明表”中所聲明的內容，與賽事有關的投訴應以書面方式在有關競賽節目結束 30 分鐘內交到賽會組織委員會，每項投訴行政費用為 80 美元。參與者不得以任何方式干擾技術專家組、裁判長和裁判員的工作。仲裁的最高機構為賽會的仲裁委員會。

13. LIABILITY / 參賽責任及義務

In according with ISU Rule 119, it is the sole obligation of each participating member or club, who participates in the Asian Junior Figure Skating Challenge, to provide medical and accident insurance for the athletes, officials and all other members of the member's team. Such insurance must assure full medical attendance and the return of the ill or injured person to the home country by air transport or by other expeditious means. Any related costs involved will be responsible by the participating member or club.

根據國際滑冰聯盟規則第 119 條，所有參賽協會及俱樂部是唯一具有責任為其運動員、官員、及其他隊伍相關人員提供醫療及緊急救助保險的個體。此類醫療及緊急救助保險應包括全面的醫療救助以及使用飛機或其他交通工具將受傷或生病的人員運送回國。而此類醫療及緊急救助保險的費用則由相關的參賽協會及俱樂部自行支付及自行決定如何支付。

The Organizing Committee and the organizing member of Asian Junior Figure Skating Challenge assumes no responsibilities for or liability with respect to any bodily or personal injury or property damage incurred of any competitor, official and other participant in connection with the competition.

亞洲青少年花樣滑冰挑戰賽組委會及主辦協會不負擔所有參賽人員的人身傷害、財產損失及任何相關的責任，同時亦與上述責任無關。

The participants and the participating members and clubs shall accept the inclusion of television and other media exhibition arrangement for the Asian Junior Figure Skating Challenge, and that the competitor's performance(s) and all activities related to the event may be filmed, televised, photographed, identified, and otherwise depicted, recorded and further exhibited and distributed worldwide under the condition and for the purpose of, now and thereafter, as authorized by the Organizing Committee of the Asian Junior Figure Skating Challenge, promoting the figure skating sport. The participants and the participating members and clubs certify and warrant that the music and choreography presented and used during the competition have been fully cleared and authorized for public use including television broadcast and re-broadcast throughout the world without further clearances or payments of any kind on the part of the Organizing Committee of the Asian Junior Figure Skating Challenge.

參賽運動員、參賽協會及參賽俱樂部接受該賽事通過包含電視在內的各類媒體展示及宣傳安排。運動員與比賽有關的滑行、表演及任何相關活動可以被錄影、錄影、照相以及使用其它方式記錄，並被賽事組委會分發到世界各處用於推廣花樣滑冰運動。參賽運動員、參賽協會及參賽俱樂部保證其在亞洲青少年花樣滑冰挑戰賽中使用的比賽音樂及節目編排已經被授權可以作為公眾展示和使用，同時亦可以在世界範圍內用作電視播出及重播並不需要亞洲青少年挑戰賽組委會及相關電視製作和播出機構作出進一步的授權申請及付款。



14. TENTATIVE EVENT SCHEDULE (SUBJECT TO CHANGE)

預計賽事日程（如有更新，以最後發佈為準）

Feb 14 th ,2019 2月14日	Arrival / 抵達
	Registration / 參賽人員註冊
	Team Leaders Meeting / 領隊會
	Referee and Judges Meeting / 裁判會
	Official Practice / 正式訓練
	Opening Draw / 開幕抽籤
Feb 15 th ,2019 2月15日	Official Practice / 正式訓練
	Competition / 競賽
Feb16 th ,2019 2月16日	Official Practice / 正式訓練
	Competition / 競賽
	Awarding Ceremony / 頒獎儀式
Feb17 th ,2019 2月17日	Official Practice / 正式訓練
	Competition / 競賽
	Awarding Ceremony / 頒獎儀式
	Closing / 閉幕

The details of the Practice and Competition Schedule will be provided at the registration.

訓練及競賽細節時間表將於參賽註冊時提供。