**花式滑冰長/短曲動作表**

**International Competition**

**此表格請於賽前3個月繳回協會**

**本資料僅供協會內部使用**

**Planned Program Content曲目動作表**

|  |  |
| --- | --- |
| **Category組別:** | **Men男子組**  **Ladies女子組** |
| **Competitor(s)選手姓名:** | |
| **Coach教練姓名:** | |

|  |
| --- |
| **ELEMENTS IN ORDER OF SKATING花式滑冰動作順序** |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Elements SP 短曲動作** |  |  | **Elements FS 長曲動作** |
| 1 |  |  | 1 |  |
| 2 |  |
| 2 |  | 3 |  |
| 4 |  |
| 3 |  | 5 |  |
| 6 |  |
| 4 |  | 7 |  |
| 8 |  |
| 5 |  |  | 9 |  |
|  | 10 |  |
| 6 |  |  | 11 |  |
|  | 12 |  |
| 7 |  |  | 13 |  |
|  | 14 |  |

|  |  |
| --- | --- |
| Date, Signature: |  |

請將曲目動作表以EMAIL或傳真至中華民國滑冰協會

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